

# November's Menu – Bon Appétit!

For Broome County Senior Centers. **Reservations are needed by noon the day before.** Menu subject to change. A contribution of \$3.50 is requested for people age 60+ and spouse of any age. Those under age 60 are charged \$4.50 per meal.  
*No one age 60+ shall be denied a meal due to an inability or unwillingness to contribute.*

**Senior Centers will be closed for activities and dining until further notice. Centers are offering meals to-go. Please contact your local senior center to learn more about to-go meals with curbside pickup during the month of November.**

<b>Pierogies w/Onions</b> 2 Peas Mandarin Oranges Double Chocolate Cookie	<b>Cilantro Lime Chicken Thigh</b> 3 Brown Rice Pilaf Green Beans Blondie Bar	<b>Chicken Salad Croissant</b> 4 Pickled Beet Salad Applesauce Pumpkin Cookie	<b>Liver w/Onions OR Chicken Thigh Marengo</b> 5 Mashed Potatoes Spinach Fresh Banana	<b>Herb Rubbed Pollack OR Meatloaf w/Gravy</b> 6 Seasoned Quinoa Winter Squash Chocolate Pudding
<b>Cheesy Pasta Bake w/Sausage &amp; Mushrooms</b> 9 Broccoli Florets Fruit Cocktail Sugar Cookie	<b>Halupki OR Breaded Chicken Parm</b> 10 Mashed Potatoes Italian Green Beans Honey Bran Muffin	<b>No To-Go Meals Available Today. Centers Closed in Recognition of Veterans Day.</b> 11		<b>Macaroni &amp; Cheese</b> 12 Stewed Tomatoes Italian Blend Vegetables Chocolate Pudding
<b>Chicken Alfredo</b> 16 Green Beans w/Mushrooms Oatmeal Cookie	<b>Liver w/Onions OR Meatloaf w/Gravy</b> 17 Mashed Potatoes Carrots Gelatin Cup	<b>Thanksgiving To-Go Meal</b> 18 <b>Roast Turkey</b> Apple Bread Stuffing Mixed Vegetables Cranberry Sauce & Pumpkin Pie		<b>Chicken Salad Croissant</b> 19 Potato Salad Applesauce Peanut Butter Brownie
<b>Beef Stew Over a Biscuit</b> 23 Cauliflower Warm Spiced Peaches Sugar Cookie	<b>Pub Burger OR Breaded Fish Sandwich</b> 24 Baked Beans Corn Fresh Banana	<b>Stuffed Pepper Casserole</b> 25 Green Beans Cherry Crisp	<b>No To-Go Meals Available Today. Happy Thanksgiving!</b> 26	
<b>Beef Stroganoff Over Buttered Noodles</b> 30 Carrots Gelatin Cup	<b>Halupki OR Rotisserie Chicken</b> 12/1 Mashed Potatoes Peas Orange Cranberry Bar	<b>Sausage &amp; Cheddar Omelet Bake</b> 2 O'Brien Breakfast Potatoes Fruit Cocktail Blueberry Muffin	<b>Chicken Thigh w/Cranberry Glaze OR Breaded Fish</b> 3 Roasted Potatoes Brussels Sprouts Gingerbread Cake	<b>Chinese Pepper Steak OR Citrus Rubbed Pollack</b> 4 Brown Rice Broccoli Florets Mandarin Oranges
<b>Spinach Parm Pollack OR Beef Burgundy Both Over Buttered Noodles</b> 20 Peas Vanilla Pudding				
<b>No To-Go Meals Available Today. Happy Thanksgiving!</b> 27				