



















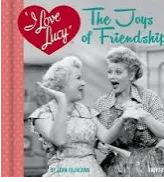


Notes	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Each day we start with coffee & chat Lunch is Served around noon. All activities are subject to change without notice.</p> <p>Caregiver Chat Group 1st Monday of the month at JC Senior Center 30 Brocton Street Conf Call Format Dial 607-778-6547 Mtg Code 2187 Attendee Access 123456#</p> <p>Caregiver Services Information & Consultation 607-778-2411.</p> <p>Thought for the Day! “Getting old is like climbing a mountain; you get a little out of breath, but the view is much better!” - <i>Ingrid Bergman</i></p>	<p>1</p> <p>Lady Liberty trivia 4th of July word scramble Cornhole</p>  <p>*Caregiver Chat 1pm</p>	<p>2</p> <p>Independence Quiz All about July Afternoon sing-along Beanbag toss</p> 	<p>3</p> <p>Patriotic songs I Love America Jingo Theraband stretches Floor Dice Give me a word</p> 	<p>4</p> <p>Happy 4th of July Site Closed</p> 	<p>5</p> <p>Site Closed</p>
	<p>8</p> <p>Chocolate Day Trivia games & snacks Parachute fun Food Jingo</p> 	<p>9</p> <p>Senior News Review Guess the job Jacks -n- hoops The year 1966</p> 	<p>10</p> <p>Wyoming's birthday Calamity Jane bio Yellowstone video Buffalo Bullseye</p>  <p>*Garden Club 1pm</p>	<p>11</p> <p>A to Z Flowers Fact or Fiction? Light -N- Lively exercise Bunco</p> 	<p>12</p> <p>Summertime coffee chat Sunny word scramble Skeetball Roll it, Play it</p> 
	<p>15</p> <p>ABC's of camping Camp memories Chair Yoga Pictionary</p> 	<p>16</p> <p>History of canning Guess the veggie Famous faces Stroll to patio</p> 	<p>17</p> <p>Summer tidbits Salad game Silly questions Bocce Ball</p> 	<p>18</p> <p>Ice cream facts Favorite flavors Crazy balls Famous phrases</p> 	<p>19</p> <p>Odds & Ends Break the ice The year 1949 Sit & Stretch</p> 
	<p>22</p> <p>Celebrating National Parks Match the park Grand Canyon video Slotz ball</p>  <p>*Marian Tewksbury 1pm</p>	<p>23</p> <p>Sports talk Baseball jokes Sports Jingo Light – N -Lively exercise</p> 	<p>24</p> <p>Watermelon wonders Name 10 things Dominoes & Cards Horseshoes</p> 	<p>25</p> <p>Carousel Day Local history Move to music Shenanigans</p> 	<p>26</p> <p>Summer Olympics Olympic game quiz Favorite floor games Right – Left – Center</p> 
	<p>29</p> <p>Musical movies 3 word challenge Outdoor stretches Pokeeno</p> 	<p>30</p> <p>Friendship Day Famous friends Lucy & Ethel Clips Exercise with friends</p>  <p>*Therapy dogs 1pm</p>	<p>31</p> <p>Fun Island facts Seashore humor Sealife Jingo Seaside Skeetball</p> 