



Public Health
Prevent. Promote. Protect.
Broome County
Health Department

Thanksgiving

COVID Guidance

The safest way to celebrate Thanksgiving this year is to celebrate with people in your household. If you do plan to spend Thanksgiving with people outside your household, take steps to make your celebration safer.



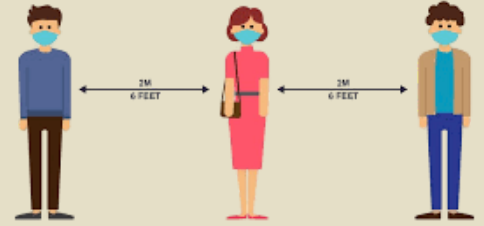
Stay home if you are sick or currently under a quarantine or isolation order



Wear a mask



Wash your hands



Stay 6 feet apart

Hosting a Gathering

- Limit the number of attendees as much as possible to allow people from different households to remain at least 6 feet apart at all times. Guests should avoid direct contact, including handshakes and hugs, with others not from their household.
- Avoid gatherings in crowded, poorly ventilated spaces with persons who are not in your household
- Use single-use options, like salad dressing and condiment packets, and disposable items like food containers, plates, and utensils.

Thanksgiving Travel

- Check travel restrictions before you go.
- Get your flu shot before you travel.
- Always wear a mask in public settings and on public transportation.
- Stay at least 6 feet apart from anyone who is not in your household.
- Wash your hands often or use hand sanitizer.
- Avoid touching your mask, eyes, nose, and mouth.
- Bring extra supplies, such as masks and hand sanitizer.

Other activities to consider



**Host a virtual
Thanksgiving meal**



Shop online sales



**Play games with people in your
household**

Information recommended by the CDC