



Broome Opioid Awareness Council & Drug Free Communities

May 4, 2018 | 10 a.m. - Noon
Conference Rooms B & C • Broome County Health Department

Present: Jill Alford-Hammitt, Scott Baker, Maria Fabrizi, Phillip Ginter, Alicia Grunder, Jeremiah Harvey, Jim Hawley, Wendy Hunter, Rebecca Kaufman, Sarah King, Marissa Lamphere, Jill Lloyd, Mary McFadden, Erin Monroe, Jim Mullins, Michele Napolitano, Kate Newcomb, Dr. Christopher Ryan, Nasim Sabounchi, Raymond Serowik, Jodi Sutherland, Jeffrey Wagner, Susan Wheeler, Nancy Williams, Lorraine Wilmot, Katie Young

Absent: John Barry, Lisa Bobby, Iris Borilla, Theresa Bovier, Megan Brockett, Diane Brown, Eunice Champlin, Valerie Datta, Rich David, Megan D'Introno, Stacy Echorst, Jason Garnar, John Gartman, Matthew Gawors, Earl Greene, Andrea Guccia, Pastor Will Hampton, David Harder, Stephanie Hazelett, JJ Hefley, Dr. Julia Hunter, Erika Kalgren, Laurie Keller, Saima Khan, Kyle King, Carole Kuklis, Lee Livermore, Donna Lupardo, Haley McCrory, Kevin McManus, Heidi Mikeska, Kim Myers, Kimberly Newell, Dennis O'Keefe, Carmela Pirich, Michael Ponticiello, Dr. Peter Ronan, Bouakham Rosetti, Thomas Skura, Pastor John Snider, Penny Stringfield, Eric Velzis, Colleen Wagner, Chris Whalen, Alan Wilmarth, Dr. John Zevan

Call to Order: Rebecca Kaufman, Director of Public Health, called the meeting to order at 10:00 a.m. and introductions were made. Susan Wheeler moved, seconded by Scott Baker that the April 6, 2018 meeting minutes be approved as presented and placed on file.

Katie Young is retiring and this was her last BOAC meeting. She was acknowledged for her dedication to her work and BOAC through the years.

Data Informed Opioid Collaborative: Phillip Ginter, from HealthlinkNY, discussed the Data Informed Opioid Collaborative which is being used in different parts of the state. The collaborative is used in the Hudson Valley (seven-county region) and could be replicated in Broome County and other parts of the state. Orange County has been hit hard with heroin overdoses and wanted a more regional response. There is a 30-40-member coalition comprised of the seven health departments, prevention and treatment providers, EMS, hospitals and law enforcement. There is a lot of data being collected and disseminated. They looked at what they could do to weave everyone's data into a singular dataset to create a more actionable dataset in real time to help inform policymakers and program people to respond in a timelier fashion. The NYNG Counter Drug Task Force has been working with EMS providers and local hospitals to capture Narcan administrations and get them into the system. HealthlinkNY began looking at different opioid related diagnosis codes in medical records to plot what was happening in these communities to determine the best way to respond. They determined where most of the overdoses were occurring – in the three major metropolitan hubs but wanted to capture data outside those hubs as well. They have mapped out patient zip codes vs. EMS response zip codes and are using that data to educate people that this is a concern for the entire community. They have been able to identify spikes in overdoses. They have looked at emergency room readmissions to identify individuals they can have conversations with about safe injection sites, etc. If an individual gives consent to access their information through HealthlinkNY it allows them to receive alerts if that person presents at the emergency room so someone can check in with them to see if they need assistance and help set that up for them.

Decker School of Nursing Clinical Opportunity Experience: Jodi Sutherland, from the Decker School of Nursing, is working with the Health Department to begin a partnership with the Decker School on an undergraduate program with a focus on community health to provide instruction and place students for a community health experience. Jodi works with Dr. Gayle Spencer to coordinate lecture content and clinical experiences for the students. There was a call for applications for grant funds (\$10,000) from the American Association of Colleges of Nursing in collaboration with CDC. They did not have time to meet the application deadline but expect that funding will be offered again in the Fall. The award was to be given to a school of nursing for development of a public or population health hub for learning opportunities for students while engaging with community agencies and the Health Department to address a population health need. We could apply to address the opioid epidemic. The Decker School would need to collaborate with at least one other agency in the community. Contact Jodi at sutherla@binghamton.edu or Dr. Spencer at gspencer@binghamton.edu if you are interested in working with her on this proposal. Jodi would visit your agency to develop a design on how to utilize one or multiple students at your agency. Jodi will identify interventions that have been successful in other communities to determine interventions and outcomes for the proposal.

Drug Free Communities (DFC) Grant Activities:

- It rained for the alcohol-free Rumble Ponies game on April 25th and there was a very small turnout. The Rumble Ponies agreed to allow the 400 unused tickets to be used for future games and they agreed to have a designated alcohol-free section for the remainder of the season. They will put up a banner identifying that section and run a 15-30 second video about that section at the beginning of games.
- Some people are rallying against the May 8th presentation by Jodi Hensley at the Broome County Forum about Cannabis Commercialization from a public health perspective. This presentation is a preventative, informative and proactive event for education of community residents and meant to illustrate one view.
- Maria is working on scheduling family fun nights for Wednesday nights in August.
- Maria Fabrizi is doing presentations at schools to address the increasing concern about vaping at schools.

Treatment and Prevention Committee:

- ACBC opened an outpatient clinic at the Children's Home of Wyoming Conference which will be open to the community.
- The Recovery High School committee meets weekly as they move forward with development of plans. They have school representatives from Johnson City and Deposit on the committee. Training will be provided in July for school staff. Doug Titus and Jim Mullins have met with high school principals and plan to meet with high school guidance counselors. ACBC can bill for clinical services and will provide the treatment piece at the Recovery High School. Individual and group counseling will be available along with the academic components for students. BOCES modified the cooperative service agreements with schools to make them more user friendly for the program. They are looking at expanding the school day to provide family involvement and activities. They are researching supplemental funding opportunities to provide transportation for students and families to get them to and from family activities for after school and weekends so there is a place for students to go. A separate committee will be formed to discuss development of a youth center.
- The UHS outpatient clinic is full. There are 218 clients in the Methadone Clinic. There is a wait time; they do have rapid access appointments.
- The fifth annual Day of Recovery is scheduled for May 13th.
- Michelle Napolitano reported that all services at Fairview Recovery Services are full. There is always turnover. They continue to work with the SARI Program which is going well. They expanded hours to Sundays starting at Noon at the Voices Recovery Center. Contact Michelle with suggestions for what people in the community would like to see offered at the Center.
- ACBC is at capacity; they may add an additional tract of relapse prevention services in the afternoon.
- Syracuse Behavioral Healthcare has been open for four weeks; they have a 50-bed capacity but have not needed more than 25 beds yet. They have served 75-80 patients so far. A typical stay is 4-7 days with some staying as long as 9-10 days before being handed off to a different level of care. The discharge plan primarily recommends inpatient services to stabilize the patients. There are referrals to outpatient providers as well. They have had to use inpatient services outside the community and sometime patients request other facilities. They can begin someone on Suboxone and set them up with a provider to continue that. Seventy to eighty percent of patients are connected to a provider for that. There are also other types of withdrawal management being utilized.

- They will be able to provide Suboxone at ACBC within the next couple of weeks.
- The number of staff on the CODI grant is increasing; they hired two psychiatrists and will hire a nurse practitioner. They are expanding assessments and have hired an additional peer counselor and care manager. They are working on referrals from the District Attorney and Judges Pelella and Connerton. They received 14 referrals this past month and completed six assessments with nine scheduled for this morning. They worked with 67 unique individuals under the CODI grant last month.
- ACBC is working on MOU's with the Volunteers of America, the YMCA and YWCA. They hope to roll out shelter care on June 1st.
- ACBC is conducting assessments at the Jail and will start groups there as well. Joe Barker contacts them and they assist with discharge planning for inmates.
- Rebecca Kaufman and Marissa Lamphere attended a presentation by OASAS. They reported that nine of ten people who need treatment don't seek treatment. CODI grant staff are reaching some of those people.

Community Education Committee:

- Committee members are working on scheduling community family fun nights.
- They are planning for National Night Out and would like to have all school districts pick one Friday night to offer activities at their schools for families. They want to get the community involved to provide a couple of hours of family fun; perhaps an intercommunity video gaming contest. This would be a county-wide event; schools are on board.
- Lourdes Youth Services is teaming up with I'm Dope Without Dope and Brand New to host an event on May 12th, 11:00 a.m. to 3:00 p.m. at Otsiningo Park. There will be a variety of activities (carnival, DJ, tabling, raffles) for families with various agencies available that can assist with counseling and treatment of drug addiction and mental health issues.
- The winner of the poster contest was from Chenango Forks High School and was announced at the Rumble Ponies game on April 25th.
- The Chenango Valley School District is interested in a sport injury forum which will be scheduled in August before the Fall athletic programs start. The Maine-Endwell School District is interested in an event as well.
- Prom and graduation cards were well received by schools last year and they will be placed in graduation brochures, distributed by florists and available at proms this year as well. This is a double-sided card with information for parents on one side about the social host law and information on the other side for students about making healthy choices.
- They would like student input on this committee. The County Executive and Drug Free Communities Grant staff have monthly meetings with students from all districts.
- The Social Norms Misconception Campaign is taking place in school districts. Meetings have been held at the Windsor, Chenango Valley and Maine-Endwell school districts. They are working with students to put out positive messages about healthy choices students are making. They are trying to tie youth into prevention efforts. Chenango Forks and Maine Endwell students are working on a social media project.

Membership Committee: The committee will do a survey next month to make committees more encompassing.

Media and Advocacy Committee:

- An email was sent out about available one-hour Narcan trainings for Broome County employees (which are open to the community as well) on Thursday, May 10th at the Health Department at Noon, the Arena at 3:00 p.m. and at Whitney Point High School at 6:30 p.m. Whitney Point will be providing some education that evening as well. There will be one May 11th at 10:00 a.m. at the Broome County Library.
- Drs. Ronan and Hunter will provide Buprenorphine waiver training on May 19th, 8:00-1:00 at the Health Department for providers. They are partnering with Care Compass Network to provide funding for UHS providers to attend the training.
- Nine mini grant applications were received and awards will be made soon on behalf of Broome County and BOAC. \$25,000 is available for community agencies to address opioid overdose prevention activities.
- Reuters conducted interviews and attended the last BOAC meeting; we are waiting to see if anything will be published on that.

Law Enforcement Committee:

- National Prescription Take Back Day was April 28th. About 237 lbs. was collected from the five locations around Broome County, which is less than usually collected.
- They are doing some brainstorming about the future of the SARI Program since Syracuse Behavioral Healthcare opened and what ACBC is doing with their mobile teams.

Data and Statistics Committee:

- Last night there was an EMS education night with Lourdes Hospital. Twenty-five EMS providers from several counties attended. Dr. Eggleston, a toxicologist with the NYS Poison Control Center and Binghamton University School of Pharmacy, presented information on a variety of drugs, including liquid nicotine and tide pods. The presentation was very well received.
- The committee is working on quarterly reports on opioid related indicators. Lourdes Hospital is open to this and they are waiting to hear from UHS. They have not had success in obtaining controlled substance prescription data. Working with the NYS Prescription Monitoring Program is a dead end.

Rural Committee:

- An event is scheduled for May 20th at a church in Lisle to provide a showing of the *Hungry Heart* movie which looks at prescription drug and opiate addiction. There will be a roundtable discussion to see what community members feel are unmet needs in the area. ACBC has offered to provide refreshments. They hope to have a similar event in Windsor and other rural communities. There will be a pre-and post-survey.
- They hope to roll out tele-health to rural communities. They met with Mayor Reynolds in Whitney Point and he suggested a couple of locations.

There is a meeting at the Owego Treadway on Wednesday to support individuals in long-term recovery to access employment. There will be a panel and roundtable discussion about the next steps to work with local employers to educate them and engage them in the recovery process for individuals to employ or re-employ people in recovery. There is a potential collaborate project with Binghamton University School of Medicine to focus on reducing the stigma for individuals with mental health or substance use disorders. Sarah Liu at Workforce NY is developing programs to train residents for jobs available in the community and working with employers on how to get the long-term unemployed back into the workforce. Drug screening is an issue for many individuals. Phillip Ginter advised that there are legal implications for people in recovery and that employers could be sued for discrimination. OASAS approved Screening, Brief Intervention and Referral to Treatment (SBIRT) training at Binghamton University for social workers, guidance counselors and other health professionals on May 10 and 11th. There will be SBIRT training at Care Compass Network on May 23rd and 24th for UHS employees and another one on June 6th and 7th.

Next Meeting: The next BOAC meeting is scheduled for Friday, June 1 at 10:00 a.m. at the Broome County Health Department in conference rooms B and C.