

STOP-DWI Holiday Classic 2006 Regional Division Teams

Regional I

Owego Free Academy

Owego, New York

Chris Evans

Indians

HC

Coach Evans is starting his second year as head coach. He is a 1983 graduate of Owego Free Academy and presently teaches English at the high school. Chris played four years of basketball at SUNY Geneseo and he played and coach in Ireland for two years. He has coached at both the high school and college level, having served as an assistant coach for the College of Charleston. The Indians are the 2005 Class A Sectional Champions.

Players to Watch: Four returning starters. Juniors Jack Keough 21 pts and 9 rebs/game, Sean Linehan 5 pts and 6 rebs/game, and Phil Arnold 7 pts and 4 assists/game. Senior Andy Marzo 8 pts and 6 rebs/game.

Seton Catholic Central

Binghamton, New York

Chris Sinicki

Saints

HC

Coach Sinicki is in his ninth season as Seton's varsity coach posting an overall record of 123-57. Mr. Sinicki has been named coach of the year four times since the 2000-2001 season. The Saints have four division titles, two STAC championships, four Section IV titles and a NYSPHSAA Final four appearance during Coach Sinicki's tenure at Seton.

Players to Watch: Seniors Max Jones 7 pts and 5 rebs/game and Shane O'Neil, junior Steve Armstrong 12.3 pts/JV's and sophomore Chris Furner 7 pts and 5 rebs/game.

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Vestal High School

Vestal, New York

Ryan Hayes

HC

Golden Bears

Coach Ryan is starting his third year as head coach. His team finished 14-7 his first year and won the Section IV Class AA Championship. Last year the Golden Bears were 17-6 and won the STOP-DWI Holiday Classic Regional I Division, their first Southern Tier Athletic Conference championship since 1968, plus their second straight Section IV Class AA title. Coach Hayes played basketball at SUNY Cortland and was co-captain in 1998.

Players to Watch: The Golden Bears return five non starter seniors from last year's varsity team. Corey Taylor and TJ Woitach have valuable minutes from last year and will be assisted by Joe Nocciolino, Kevin Kraly and Ross Youmans.

Windsor High School

Windsor, New York

Joe Costello

HC

Black Knights

Joe Costello will start his third season as varsity coach after coaching the JV teams to a 290-126 record. He grew up in Queens where he attend St. Francis Prep and received his college education at Cortland State. In addition to coaching basketball, Coach Costello also coaches varsity baseball (one State Championship) and teaches middle school physical education.

Players to Watch: Windsor will return nine players including two starters Brian O'Neil 9 pts/game and Brandon Valdes 12 pts and 7 rebs/game. The JV team went 15-4 and some good players will be moving up to the varsity.

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Regional II

Candor Central School

Candor, New York

Nate Thomas

Indians

HC

Nate Thomas, a 2001 graduate of Candor, will be stepping into his first head coaching job. Thomas was the assistant coach for the Indians last year. He earned a degree in health and physical education from Ithaca College (2005). During his time at Ithaca, he was a two year captain for the Bombers basketball team. He also received a master's degree at Ithaca College in health education (2006).

Players to Watch: Four returning senior starters. Clint Foster (1st team IAC) 20 pts and 9 rebs/game, Lucas Thomas (2nd team IAC) 10 pts 5 rebs/game, Dustin Quick (2nd team IAC) 12 pts/game and Peter Ahart (2nd team IAC) 10 pts and 7 rebs/game.

Lansing Central School

Lansing, New York

Adam Heck

Bobcats

HC

Coach Heck has been the varsity head coach for five years with a record of 66-38. He has two IAC Division Championships and one Section IV Class C runner up. Lansing earned two top 20 New York State final rankings in 2003 and 2005 seasons.

Players to Watch: Four top returning players. Seniors Ryan Shaff (2nd team IAC) 12 pts and 7 rebs/game, John Sluty 7 pts and 5 rebs/game and Chris Reukauff 5 pts/game. Rising Junior Teagan Barresi (1st team IAC) 12 pts/game

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Oneonta High School

Oneonta, New York

Jerry Mackey

HC

Yellow Jackets

Coach Mackey is entering his tenth year as varsity coach. His overall record is 130-59 and has twice been named the Daily Star and Binghamton Press & Sun Bulletin All Metro Coach of the year. In 2005 he was inducted into the Section 4 Hall of Fame as a player from his days at Whitney Point High School.

Players to Watch: Returns seven of the top nine players from last year. The Yellow Jackets will be led by junior Dan O'Brien (2005 All STAC and as a sophomore was All Metro) 17 pts/game and senior Andrew Tenace 12 pts/game.

Susquehanna Valley High School

Conklin, New York

Mark Ward

HC

Sabers

The Sabers will be lead by first year head coach Mark Ward. With over twenty years of coaching basketball, Mark brings a variety of experience to Susquehanna Valley. Mr. Ward has coached at the Division I and III collegiate levels and at the professional level as a player/coach in Europe. For the past twelve years Coach Ward has been the head varsity coach at Owego and Union Endicott High Schools.

Players to Watch: Five returning seniors Ryan Mitchell, Pat Reardon, Terrell Irvine, Mike Chantry and Ryan McKercher. Team will e assisted by six promising juniors with experience.