



Respite Care Options In Broome County ... When a caregiver needs a break

Before you arrange any kind of respite care for your loved one, you may first want to have an assessment done to determine what option or options are the most appropriate for your caregiving situation. CASA (Community Alternative Systems Agency), can meet with you and your elder at no cost, to provide this kind of assessment. CASA can be reached at 778-2420.

Listed below are the various respite care options that are available to caregivers. Be sure to discuss your expectations prior to arranging services.

1. RESPITE IN THE HOME... “My husband needs help with personal care, and sometimes I need a break from the responsibility of caring for him. Is there someone who can come into my home and help me?”

- **Office for Aging Caregiver Respite Program:** A Personal Care Aide can provide services such as bathing; dressing; companionship; meal preparation; light housekeeping; laundry, etc. Voluntary contributions are accepted. An in-home assessment by our In-Home Services Unit must be completed prior to setting up services. Call Caregiver Services, Broome Co. Office for Aging, 778-2411 for more information.
- **CareGivers America:** Service providers are employees of this program. They offer non-medical care such as assistance with bathing; dressing; light housekeeping; companionship; incidental transportation; meals. Accepts some third party insurances; private pay. Toll free # 877-274-4108 (Montrose office.) *This agency does have clients in the Broome County area; they will be opening a new location in Tioga County in the near future.*
- **GROW:** matches older workers (55+) to jobs with private employers. Personal care workers, housekeepers and companions available; also have workers interested in a variety of private jobs. Office for Aging charges no fee for making a match; workers and employers negotiate wages for the job. Call 778-6105 (8:30-Noon, M-F), for more information.
- **Home Care Agencies:** A number of home care agencies have companions; personal care aides; homemakers and housekeepers. Fee for service; private pay. Call the Broome County Office for Aging for agency names and phone numbers.
- **Home Instead Senior Care:** Service providers are employees of this program. They offer non-medical assistance such as supervision with bathing; assistance with dressing; meal preparation; light housekeeping; medication reminders and companionship. Fee for service; private pay. 723-3600

- ⌘ **Faith In Action Volunteer Caregivers:** trained volunteers, no fee. Call Broome County Council of Churches, 724-9130.
- ⌘ **Veterans Administration:** The Veterans Administration may be able to provide in-home respite care services. Veterans must first be enrolled at the local VA clinic before respite services can be considered. This can be done through attending the walk-in orientation/registration meeting which is held every Wednesday at 10AM at the clinic. Gail Wadin, 772-9100, is the contact at the clinic for questions.

2. ADULT DAY CARE PROGRAMS ... “I need time to myself a few days a week so I can take a break, or do the things I need to do. The person I care for needs a supervised place to go outside the home for socialization.”

- ⌘ **Yesteryears Social Adult Day Care Program** (Broome Co. Office for Aging), two locations – one in Binghamton and one in Endwell. Voluntary contributions accepted. Call 778-2946.
- ⌘ **Golden Days Adult Day Health Care** (Medical Program), Susquehanna Nursing Home, 282 Riverside Dr., Johnson City. Private Pay, Medicaid; call 729-9291 for information on fees and admission.

3. SHORT-TERM RESPITE AWAY FROM HOME . . . “I need to attend an out-of-town wedding. Is there a place where my relative can stay for a few days?”

There are a number of living options that provide supervision and assistance that may be able to accommodate your elder on a temporary, 24 hour basis. Typically one or two beds are designated for respite care. Some of the options, (where indicated), are on a space availability basis only and some have a minimum stay requirement. The application process for this kind of respite arrangement does take time, so inquire early well before you want to take your break.

The Office for Aging Caregiver Respite Program may be able to arrange short-term care at Woodland Manor, an adult care home. Voluntary contributions are accepted. An evaluation by OFA’s In-Home Services Unit must first be completed to determine if this program is appropriate for your caregiving situation. Call Caregiver Services at the Broome County Office for Aging for more information, 778-2411.

(Note: See also OFA listing under Nursing Homes)

Adult Care Homes:

Castle Gardens Senior Living & Special Needs Community

1715 Castle Gardens Road

Vestal, NY 13850

748-5700

(Short-stay beds when available, in both the enriched living and special needs unit. There is a 30 day minimum stay requirement for either one.)

Garden House

91 Walnut St.

Binghamton, NY 13905

724-5763

(Offers respite when beds are available-minimum ten day stay)

Good Shepherd Fairview Home Inc.

80 Fairview Ave

Binghamton, NY 13905

724-2477

(Offers respite when beds are available)

Ideal Senior Living Center

600 High Ave.

Endicott, NY 13760

786-7425

(Offers respite care on a case by case basis in both the adult care level and in assisted living)

Renaissance Plaza, Ltd.

50 Front St.

Binghamton, NY 13905

(607) 722-5345 ext. 307

(Short stay beds when available-talk with admissions on desired length of stay)

Woodland Manor

5 Clubhouse Road

Vestal, NY 13850

722-3422

(OFA Caregiver Respite Program provider for adult level of care)

Family Type Homes: These are smaller adult care homes that can accommodate a maximum of four people who need assistance, and two boarders. Some of these homes provide short-term respite care, space permitting. Nancy Cleary is the contact person for any questions regarding these homes, she can be reached at 778-2737.

Family Homes for the Elderly: These are private homes that are supervised by the Family & Children's Society. These homes can accommodate up to two people. Some of these homes can provide respite care, preferably for a minimum of at least two weeks, but shorter stays are

considered. Private pay only for respite care. Call Kathy Imm-Banovic, Family & Children's Society at 772-9776 for more information.

Veterans Administration: The Veterans Administration may be able to provide short-stay residential care for veterans who are currently enrolled at the local VA clinic. Enrollment can be done at the walk-in orientation/registration meeting which is held every Wednesday at 10AM at the clinic. Gail Wadin, 772-9100, is the clinic contact for questions.

Nursing Homes:

For the following nursing homes, the elder must meet the requirements for skilled care. Contact CASA at 778- 2420 for more information about this process. Listed below and on the following page, are the nursing home options for respite care. Some of these facilities offer respite with a minimum stay requirement or when beds are available.

The Office for Aging Caregiver Respite Program may be able to arrange short-term care in a nursing home. Ideal Senior Living Center and Willow Point Nursing Home are the Respite Program providers for this level of care. Voluntary contributions are accepted. An evaluation by OFA's In-Home Services Unit must first be completed to determine if this program is appropriate for your caregiving situation. Call Caregiver Services at the Broome County Office for Aging for more information, 778-2411.

Elizabeth Church Manor
863 Front Street
Binghamton, NY 13905
729-2305

(Have respite/palliative care beds available-no minimum stay requirement)

Good Shepherd-Fairview Home
80 Fairview Ave.
Binghamton, NY 13904
724-2477

(Have respite beds available)

Ideal Senior Living Center
601 High Ave.
Endicott, NY 13760
786-7425

(Respite bed available through OFA Caregiver Respite Program; may also be arranged directly with Ideal.)

James G. Johnston Memorial Nursing Home
285 Deyo Hill Road
Johnson City, NY 13790
798-7818

(Have respite/palliative care beds available-no minimum stay requirement)

Bridgewater Center for Rehabilitation and Nursing

159-163 Front St.

Binghamton, NY 13905

722-7225

(Have respite beds available-prefer a ten day to two week minimum stay)

Susquehanna Nursing Home

282 Riverside Drive

Johnson City, NY 13790

729-9206

(Respite beds when available-prefer a ten day to two week minimum stay)

Vestal Nursing Center

860 Old Vestal Lane

Vestal, NY 13850

754-4105

(Short stays when beds available)

The Waters of Endicott

Nantucket Drive

Endicott, NY 13760

754-2705

(Have respite beds available-they are flexible on duration of stay)

Willow Point Nursing Home

3700 Old Vestal Road

Vestal, NY 13850

763-4400

(OFA Caregiver Respite Program provider for skilled level of care when a bed is available.)

Veterans Administration: The Veterans Administration may be able to provide short-term nursing home care at a VA center. Veterans must first be enrolled at the local VA clinic before this option can be considered. Enrollment can be done at the walk-in orientation/registration meeting which is held every Wednesday at 10AM at the VA clinic. Gail Wadin, 772-9100, is the clinic contact for questions.

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