

## ERRATA SHEET

**The January 2009 Senior News “Look What’s Happening at the Centers!” section (pages 10-11) has an error. The “Special Activities” listed under each center are those for December. The January special activities are listed here. The other center information is accurate as published. We apologize for any inconvenience.**

### **BROOME WEST 785-1777**

- Thur. Tai Chi for Arthritis w/ Sue Heavenrich, 9:30 – 10:30 am
- 1/5 Beltone Hearing Aid Cleaning, 10 am  
New Year’s Resolution #1 – More Veggies! Fully-Loaded Veggie Omelet  
Breakfast for Lunch Special, 10:30 am – 12:30 pm
- 1/8, 9 AARP Defensive Driving Class, 9:30 am – 2 pm
- 1/12 New Year’s Resolution #2 – More Fruit! Fully-Loaded Fruity Pancakes Breakfast for Lunch Special, 10:30 am – 12:30 pm
- 1/14 “In Balance” (preventing falls), 11 am
- 1/14-16 Hot Dog Bar – no reservations needed, 11:15 a.m. – 12:30 p.m.
- 1/16, 23, 30 Mission Meltaway Classes, 11 am
- 1/21 Birthday and Anniversary Celebration, noon
- 1/22 Philly Cheesesteak Day – no reservations needed, 11 a.m. – 12:30 p.m.
- 1/26 “Softening the Angry Heart,” 9:30 am  
Special Breakfast for Lunch: Strawberry Waffles, 10:30 am – 12:30 pm
- 1/28 “Intro to Vegetarian Cooking,” by Michele Constable, 11 am Hawaiian Luau

### **DEPOSIT 467-3953**

- 1/6 Site Council Elections, open meeting, 12:50 pm
- 1/8 Ice Cream Day, 12:50 pm
- 1/13 “Beating the Winter Blues,” by Dorothy Gardner, 12:45 pm
- 1/15 Birthday Celebration, noon  
Lucia Esposito, OFA Information & Assistance Rep, noon
- 1/20 Southern Tier Food Bank, 1 pm
- 1/21 Nickel Bingo, 11:15 am  
Meadow Park Luncheon, 12:30 pm
- 1/27 Bingo “Our Way” 1 pm
- 1/29 Hawaiian Luau with entertainment by David Hores, accordionist, 11:15 am

## **EASTERN BROOME 693-2069**

- Tues. Senior Stretch Exercise Class, 8:45 – 9:30 am
- Thur. Acrylic Painting Class w/ Fran Bromley, 9 – 11 am  
Golden Griddle, made to order breakfast, 10:30 am - noon
- Fri. Friendly Fridays, bring a friend and enjoy a complimentary lunch!
- 1/5 Monday Morning Bingo, 10 – 11:30 am
- 1/7 Complimentary Luncheon for Norma Garden Apartment Seniors  
Live Musical Entertainment by “Bear,” 10:45 am and 12:15 pm  
Finance Meeting, 10:30
- 1/7, 21 Crafters Group, 9 – 11 am
- 1/8 American Red Cross Blood Drive, 2 – 6 pm
- 1/12 Yankee Trade, 11 am  
January Birthday Celebration, after lunch
- 1/14 Site Council Meeting, 11 am  
Marie Liberati, OFA Information & Assistance Rep, 12 – 1 pm
- 1/14, 16 Hot Dog Bar, 11:30 – 12:30 pm
- 1/15 Nutrition Trivia, 10 am
- 1/16 Rainbow Table Raffle – Silver, 11:30 am
- 1/19 Honoring Martin Luther King, Jr., 11:00 am
- 1/21 Mental Health Association Monthly Support Group, 10:45 – 11:30 am  
“In Balance” – be safe in your home (preventing falls), 10:30 – 11:30 am
- 1/22 Game Day! 10 am – 1 pm
- 1/26 Hearing Care Service by Audibel, 9:30 – 11 am  
No Senior Sounds Today
- 1/28 Hawaiian Luau – live music by Senior Sounds, 10:30 am
- 1/29 “Introduction to Vegetarian Cooking” by Michele Constable, 11 am

### **EAST SIDE 723-4292**

- 1/5 National Oatmeal Month, 10 am
- 1/7 Carpathian Holiday, learn about this Eastern custom, 10 am
- 1/12 Hot Tea Month, 10 am
- 1/15 Glaucoma Awareness Month, handouts available
- 1/19 Tribute to Martin Luther King Jr., 10 am
- 1/21 “Soup In A Jar,” sign up for a class to make soup mix gifts, 12:30 pm
- 1/28 Hawaiian Luau, door prizes, refreshments, music, 10 am – 2 pm

### **FIRST WARD 797-2307**

- 1/6 Women’s Club Meeting, 1 pm
- 1/7 Men’s Club Meeting, 1 pm
- 1/8 Executive Meeting, 9:30 am  
Membership meeting w/ installation of officers, 11:30 am
- 1/9 Winter Fun Day, 9:30 – 2 pm
- 1/12 Red Hat Meeting, 1 pm
- 1/15 Philly Cheesesteak Day, 11 am – 12:30 pm
- 1/19 CENTER CLOSED
- 1/28 Hawaiian Luau

**GREEMAN 772-7166**

- 1/5, 6 AARP Driving Class, 8 am
- 1/9 "Living Healthy" Orientation, 11:15 am
- 1/14,15 Hot Dog Bar
- 1/15, 22, 29 "Taking Control of Arthritis" Workshop, 12:30 pm
- 1/16 January Birthday Celebration, 12:15 pm
- 1/19 CENTER CLOSED
- 1/21 Kathy's Bingo, 1 pm
- 1/23 Lucia Esposito, OFA Information & Assistance Rep,  
11 am  
"Food Safety," by Michele Constable, 12:15 pm
- 1/28 Hawaiian Luau, festivities begin at 10:30 am
- 1/26 Mission Meltaway: Six-week Healthy Living Program –  
call 778-2086 to register, 10 a.m.
- 1/30 "Living Healthy," 12:30 pm

**JOHNSON CITY 797-1149**

- 1/7 Massage Therapy, 11 am
- 1/10 Sertoma Pancake Breakfast
- 1/12 Movie: "Mamma Mia," 12:30 pm  
Geology Club, 6:30 pm
- 1/14 Member Birthday Celebration, 11:30 am
- 1/20 Hearing Screenings w/ Audibel, 9:30 am
- 1/21 Blood and Glucose Screenings, 10 am
- 1/23 Movie: "Horton Hears a Who," 12:30 pm
- 1/27 Board of Directors Meeting, 8:30 am

**NORTHERN BROOME 692-3405**

- Every Tues. Breakfast for Lunch, hot breakfast made to order-  
for lunch!
- Every Thur. Osteo-Exercise Class, 10:15 am
- 1/7 Four Corners Apron Class, sew w/Jo Ann Birmingham,  
10 am
- 1/8 Poetry Reading Day, bring your favorite to read,  
after lunch
- 1/13 Evening Dining, entertainment by Itaska Quartet, 5 pm
- 1/14 "Living Healthy" by Tammy Hodges & Debbie Kerins,  
11:15 am
- 1/15 Clothes Clashing Day, wear your wildest! Prizes.
- 1/21 Kazoo Day, 11 am
- 1/28 Hawaiian Luau, hors d'oeuvres, special music, & hula  
dancers

**Broome County Office for Aging  
PO Box 1766  
Binghamton NY 13902**

**NORTH SHORE TOWERS 772-6214**

- Mon. Food Bingo, 10 – 11 am
- Thur. Joker Eno 10 – 11 am
- 1/2 Site Council Meeting, 10:30 am
- 1/7 Tropical Decorating Day, 10:30 – 11:30 am
- 1/8 Blood Pressure/Glucose Testing, 11 am – noon
- 1/14 Game Day – Velcro Ball Toss, 10:30 – 11:30 am
- 1/21 "Wii-Play," learn all about this great new game system  
for all ages, 11 am
- 1/22 "Portion Control," with Joan Sprague, 11:15 am
- 1/28 Hawaiian Luau, music by Clyde de Bourg, 10:45

**OAK STREET 724-1220**

- 1/5 Book Review with Cheryl Ebert: "Loving Frank," by  
Nancy Horan, 11 am
- 1/5 – 16 Thank You Weeks – remember those who touch our  
lives
- 1/6, 13, 20 Quilt Working, 11 am
- 1/6 Seniors Soup for Kids
- 1/7 Piano Music by Helen Van Kuren, noon – 1 pm
- 1/9 Ice Cream Cone Day
- 1/19 CENTER CLOSED
- 1/23 "Beat the Winter Blues," by Dorothy Gardner, 12:15 pm
- 1/28 Hawaiian Luau, music by Charles Russell, raffles,  
door prizes
- 1/30 Coffee Club Drawing

**VESTAL 754-9596**

- 1/6 "Wheel of Seasons," by Rick Marsi, 10:30 am
- 1/7 Blood Pressure Screenings w/ Kay Devine, 10:30 am
- 1/13 "In Balance," preventing falls, presented by Twin Tier,  
10:30 am
- 1/14 Vestal Alumni Business Meeting, 1 pm
- 1/27 "Wii Play," must-see demo for an easy and exciting  
game, 10:30 am
- Birthday/Anniversary Recognition, 11:45 am
- Vestal Senior Citizen's Club Meeting, 1 pm
- 1/28 Hawaiian Luau, noon