

# BROOME COUNTY DIRECTORY



for older adults, individuals  
with disabilities, caregivers  
and their families



2023 Edition 10

Also Available Online:

<http://gobroomecounty.org/senior/publications>

Broome County  
Office for Aging





Broome County Office for Aging strives to provide older adults with information and assistance about available programs and services. Broome County Office for Aging operates NY Connects that provides information and assistance to all ages and all payor sources for long-term services and supports.

NY Connects can help you navigate services and benefit programs for all abilities and needs.

**NY Connects has the most up-to-date information on all services and programs in the community. Please call NY Connects at (607) 778-2278 for additional assistance.**

**The Office for Aging (OFA) is a local area agency on aging. OFA provides a variety of services and programs to assist seniors with living independently in the community.**

- Adult Day Centers
- Caregiver Services
- Elder Abuse Prevention and Outreach
- Expanded In-Home Services (EISEP)
- Foster Grandparent Program
- Health, Wellness & Recreation Opportunities
- Home Energy Assistance Program (HEAP)
- Meals on Wheels
- Medicaid and SNAP application assistance
- Newsletters: Caregiver Corner & Senior News
- Nutrition Counseling
- NY Connects/Information and Assistance:  
For Long Term Services and Supports
- Senior Centers
- Senior Helpers Program
- Transportation Information

**(607) 778-2411**

Broome County Office Building, 4th Floor  
60 Hawley St., Binghamton, NY 13901

Broome County  
**Office for Aging** 

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Every attempt was made to cover services comprehensively for older adults in the Broome County area. The Broome County Office for Aging apologizes for any oversights or omissions.



**NY Connects**  
Your Link to Long Term  
Services and Supports

of BROOME COUNTY

**(800) 342-9871    (607)778-2278**



*Transportation assistance for Broome County Older Adults to medical appointments, grocery stores, senior centers, and other locations.*



**(855) 373-4040 - Monday-Friday - 7am-5:30pm**

**Connection to Care:** Helps people without Medicaid secure transportation to health care, senior centers, grocery stores and other locations. Prescription pickup and delivery available.

**Travel Training:** Getthere Advocates teach people how to use transportation safely and independently.

**MAS Navigation:** Helps people with Medicaid set up rides with Medical Answering Services (MAS), Medicaid's non-emergency transportation provider.

**Volunteer Driver Opportunity:**

- Help your neighbors get where they need to go
- Drive your own vehicle & set your own hours.
- Mileage reimbursed at 62.5¢ per mile (2022 rate)
- Secondary insurance coverage provided.

Getthere is supported in part by the Broome County Office for Aging



**Getthere is a program of the Rural Health Network of SCNY, Inc.**

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# Section One: DIRECTORY OF SERVICES

## Caregiver Services

### Support

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#### Alzheimer's Association

Provides programs for people with the disease, their families, caregivers, & professional care providers. Offers a Helpline, care consultations, support groups, education, training, and safe return program.

*Alzheimer's Association, Central NY Chapter  
(315) 472-4201*

#### Elder Services Center

Diagnoses memory disorders, evaluates for dementia & depression. Helps family, caregivers, & health professionals learn to manage problems associated with Alzheimer's and related dementias. Educates professionals & caregivers using current, innovative intervention methods. Consultation is 2-part: in-home and at a clinical site.

*Binghamton University: Elder Services Center,  
Decker School of Nursing: (607) 777-6636*

#### Kinship Care Program

Offers help to those people who are raising someone else's child. Provides advocacy with DSS & Family Court, assists with application process for free services and offers free counseling.

*Family Enrichment Network: (607) 723-8313*

#### Office for Aging Caregiver Services

Offers counseling in-person or over the phone counseling for unpaid caregivers of frail seniors living in the community. Offers workshops, support groups, newsletters, referrals, and information about services and respite options. Home visits when requested.

*Broome County Office for Aging: (607) 778-2411*

#### University Geriatricians

Provides outpatient consultation services, case management for patients with dementia, education and counseling for family and caregivers, and more.

*SUNY Upstate Medical University: (315) 464-6100*

### Adult Day Care

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#### Golden Days Adult Day Health Care

A supervised, medical adult day program provided at Susquehanna Nursing Home. Activities, nutritious meals, companionship, nursing, and rehabilitative therapies are available.

*Susquehanna Nursing & Rehabilitation Center  
(607) 729-9206*

#### Yesteryears...A Day Program for Adults

The social adult day program provides a day of stimulating activities and peer socialization for frail and/or isolated individuals. Assists functionally-impaired seniors to maintain their maximum level of independence through meaningful, productive leisure activities. Services offered at two locations: Binghamton and Endwell.

*Broome County Office for Aging: (607) 778-2411*

### Respite Options

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For information on both in-home and facility respite options, call Broome County NY Connects at (607) 778-2278 or toll-free at 1-800-342-9871, or the Broome County Office for Aging at (607) 778-2411.



# Chronic Illness Support

## Alzheimer's Association

Provides programs for people with the disease, their families, caregivers, & professional care providers. Offers a Helpline, care consultations, support groups, education, training, and safe return program.

*Alzheimer's Association, Central NY Chapter*  
**(315) 472-4201**

## Elder Services Center

Diagnoses memory disorders, evaluates for dementia & depression. Helps family, caregivers, & health professionals learn to manage problems associated with Alzheimer's and related dementias. Educates professionals & caregivers using current, innovative intervention methods. Consultation is 2-part: in-home and at a clinical site.

*Binghamton University, Elder Services Center,  
Decker School of Nursing*  
**(607) 777-6636**

## AIDS & HIV Related Programs

Offers HIV/AIDS Training, HIV testing clinic on a confidential and/or anonymous basis, and HIV Care Network.

*Broome County Health Department: (607) 778-3930*

## American Cancer Society

Funds support research, education, and patient services. Provides limited financial aid for eligible patients, information and referral, public education, transportation, and support groups.

*American Cancer Society: 800-227-2345*

## American Diabetes Association

Information, referral, & education regarding Type I and Type II diabetes.

*American Diabetes Association: (800) 342-2383*

## American Heart Association

Offers public education services, programs, & special events to aid in the fight against heart disease and stroke. Holds an annual Heart Walk. Go Red for Women is observed year-round.

*American Heart Association: (607) 341-8535*

## American Kidney Fund

Offers financial aid to kidney patients, donors, and transplant recipients for medication, transportation, emergency transient dialysis, diet needs, etc. Supports public and professional education. Apply through patient's renal social worker or nephrologist.

*American Kidney Fund: (800) 638-8299*

## American Lung Association

Offers information and referral, patient education programs, smoking cessation program, volunteer training, and support groups.

*American Lung Association in NY, Albany*  
**(518) 465-2013**

## Arthritis Foundation

Supports research for prevention & cure and to improve quality of life for those affected by arthritis. Education, community programs, information & referral, lending library, support groups & newsletters about all forms of arthritis.

*Arthritis Foundation, Upstate NY Chapter*  
**(315) 637-3568**

## Epilepsy Foundation

Free education with updated information about seizure recognition, first aid, etc., to dispel myths and to improve quality of life for those living with epilepsy. An active support group meets monthly.

*Epilepsy Foundation of Rochester, Syracuse, &  
Binghamton: (585) 442-4430*

## Leukemia & Lymphoma Society

Educates and supports people dealing with blood cancers (leukemia, lymphoma, myeloma, Hodgkin's disease). Financial aid available. Support groups, educational materials and programs are free.

*Leukemia & Lymphoma Society, Western & Central NY  
Chapter: (716) 834-2578*

### **Lupus Alliance NY**

Community education and public awareness about lupus, information/referral & support groups.

*Lupus Alliance NY, Southern Tier Affiliate  
(607) 772-6522*

### **Muscular Dystrophy Association**

Support groups, information/referral, clinic, durable medical equipment loan closet, and ALS information.

*Muscular Dystrophy Association: (315) 451-8269*

### **National Kidney Foundation**

Information for patients, families, and friends of dialysis or transplant patients.

*National Kidney Foundation of Central NY  
(315) 467-0311*

### **National Multiple Sclerosis Society**

Supports people with MS and their families with information and referral, lending library, support & self-help groups, programs for the newly-diagnosed, advocacy, and short-term counseling.

*National Multiple Sclerosis Society, Upstate NY Chapter  
(585) 271-0801*

### **Parkinson's Disease Foundation**

A leading national presence in Parkinson's research, patient education, and advocacy for increased federal funding.

*Parkinson's Disease Foundation: (212) 923-4700*

### **Respiratory Disease Education**

An educational program provided free of charge for people diagnosed with a respiratory disease. The services are provided by a Respiratory Therapist. The program includes a health and wellness assessment to determine need for programs including disease education, pulmonary rehab services in the home, nutrition education, smoking cessation, and other programs.

*Community Cares Health Solutions:  
(607) 734-7220 ext 4105*

### **Southern Tier AIDS Program**

Serves persons affected by HIV/AIDS. Also provides educational programs.

*Southern Tier AIDS Program (STAP)  
(607) 798-1706 or Hotline: (800) 333-0892*

### **Southern Tier Stroke Support Group**

Offers fellowship, caregiver support & informational speakers for survivors, friends and family. General meeting followed by peer discussion session for caregivers and separate meeting for stroke survivors with speech pathologist present.

*American Heart Association: (607) 754-3405*

### **West Family YMCA Moving For Better Balance**

Reduce your risk of falling and gain independence! Come join this 12-week program at the West Family YMCA in the Gymnasium! Cost is \$60 for Non Members and \$30 for Members. Call **607-770-9622 Ext 420** if you are interested or have any questions.

## **Computer Training**

### **Urban League Technology Center**

Free or minimal fee computer classes in a friendly, secure environment. Learn Microsoft Word, Excel, PowerPoint, Publisher, Access, Windows, Online Basics, Keyboarding, or take an Introduction to Computers course. Offers the Microsoft Unlimited Potential certificate program. A free, open lab is available to anyone in need of a computer.

*Broome County Urban League: (607) 772-4765*

### **Tech Centers**

Centers offer a mix of service so call individually for more information. Virtual classes, in person classes, 1 to 1 help, information, and assistance to help you strengthen your tech skills. Classes are free. You can call, email, or visit the website for a schedule of the courses.

*George F. Johnson Memorial Library: (607) 757-5350*

*Broome County Library: (607) 778-6400*

*Deposit Free Library: (607) 467-2577*

*Lisle Free Library: (607) 692-3115*

*Mary Wilcox Memorial Library: (607) 692-3159*

*Nineveh Public Library: (607) 693-1858*

*Vestal Public Library: (607) 754-4243*

*Your Home Public Library (607) 797-4816*

## **Consumer Fraud & Protection**

If you find that you may have been the victim of a scam where you gave away property, money, or personal information, it is important to file a police report with your local police department. It is also important to notify the Consumer Fraud & Protection Bureau of the Attorney General's office. Their program is listed below. For more information on what to do after suspected fraud, contact the Broome County Office for Aging at **(607) 778-2411**.

### **Consumer Fraud & Protection Bureau**

Helps with landlord-tenant disputes, housing discrimination, auto complaints, fraud (credit, mail/ phone order, home improvement). Consumer outreach/ referrals for state agency-related problems. Auto Arbitration resolves disputes for car owners & suppliers. *New York State Attorney General's Office*  
**(607) 251-2770**

## **Dental Services**

### **Broome County Affordable Dental Care Program**

Provides a dental discount card for individuals of all ages lacking dental insurance.

Broome County Affordable Dental Care Program  
**(800) 666-6690 x 505**

### **Broome County Dental Society**

Serves as a source of information to Broome County residents and aids members in receiving the best possible dental care. Serves as a branch of the NYS Dental Association and the 6<sup>th</sup> District Dental Society.

*Broome County Dental Society: (607) 354-0943*

### **Dental Case Management Program**

Provides dental benefits counseling and referral for Medicaid-eligible individuals.

*Broome County Department of Social Services*  
**(607) 778-2562**

### **Lourdes Dental Care**

Lourdes Dental Care provides restorative dental care to underserved children and their families within Broome County.  
*Lourdes Dental Care: (607) 584-4545*

### **Rural Health Network Dental Services**

Provides referrals for low-cost dental care for individuals lacking dental insurance.

*Rural Health Network of South Central New York*  
**(607) 692-7669**

### **SUNY Broome Dental Hygiene Clinic**

Dental Hygiene students provide dental exams and cleanings and administer X-rays as needed. Medical history taken prior to appointment.

*SUNY Broome: (607) 778-5015*

### **UHS Dental Services**

Provides preventive dental care, exams, X-rays, treatment planning, fluoride applications, cavity elimination and prosthetics. Treatment options for handicapped, medically-compromised, and elder patients. Other services include oral cancer screenings and treatment for patients undergoing radiation or chemotherapeutic regimens. Accepts Medicaid, standard insurances.

*UHS Binghamton General Hospital: (607) 762-2005*

# Disability Related Services

## Accessible Parking

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### Handicapped Parking Permits

Handicapped accessible parking permits are issued by the clerk's office of the municipality in which the disabled individual resides. An application is required. Contact your local town or city clerk's office for more information on obtaining a handicapped accessible parking permit.

### Handicapped License Plates

Vehicle license plates for handicapped accessible parking are issued by local Department of Motor Vehicles offices. Plates are issued only for vehicles registered in the name of the person with the disability. An application is required. For more information on how to obtain a vehicle license plate for handicapped accessible parking, contact your local Department of Motor Vehicles.

## Advocacy

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### Advocacy for Persons with Disabilities

Provides information about programs and services for individuals with disabilities and their families.

*New York State Commission on Quality of Care and Advocacy for Persons with Disabilities: (518) 388-1281*

### Americans with Disabilities Act Consultation

Advice, training, and consultation on all aspects of the Americans with Disabilities Act to government entities, agencies, employers, and consumers.

*Southern Tier Independence Center (STIC)  
(607) 724-2111*

### Division of Human Rights

Enforces anti-discrimination laws in employment, housing, public accommodations, credit extension, when discrimination is based on race, creed, age, sex, national origin, marital status, sexual preference, or disability.

*New York State Division of Human Rights  
(607) 721-8467*

### ICAN (Independent Consumer Advocacy Network)

Provides advocacy and support services for individuals with Medicare and Medicaid who need long-term care services at home. ICAN can answer questions related to Medicare, Medicaid, long-term care, and managed care

plans. ICAN can help solve problems with managed care plans or providers including home care agencies, nursing homes, doctors, hospitals, and pharmacies. Offers assistance with appeals.

*Action for Older Persons, Inc.: (607) 722-1251*

### Legal Aid Society

Persons whose Supplemental Security Income (SSI) benefits have been denied or discontinued may apply for representation in the appeals process.

*Legal Aid Society of Mid-New York: (607) 231-5900*

### Long-Term Care Ombudsman Program

Provides advocacy for residents in long-term care facilities including nursing homes, assisted-living, and adult care homes. Ombudsman volunteers discuss resident concerns, investigate complaints, and foster resident-centered resolutions. Information about long-term care facility regulations and resident rights are also explained to residents and their family members.

*Action for Older Persons, Inc.: (607) 722-1251*

## Support Services

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### Southern Tier Independence Center (STIC)

Offers Accessibility Advice, Americans With Disabilities Act (ADA) Consultation Services, Assistive Technology Loan Closet, Consumer Directed Personal Assistance (CDPA), Professional Counseling, Peer Counseling, Independent Living Skills Development, Housing Assistance, Health Insurance Navigator Services, Facilitated Enrollment For The Aged, Blind And Disabled, Employment Services, OPWDD Community Habilitation Services, OPWDD Self-Directed Services, and Nursing Home Transition Services.

*Southern Tier Independence Center (STIC): (607) 724-2111*

### Office for People With Developmental Disabilities (OPWDD)

Responsible for coordinating services for New Yorkers with developmental disabilities, including intellectual disabilities, cerebral palsy, Down syndrome, autism spectrum disorders, Prader-Willi syndrome and other neurological impairments. There are many services available including housing, employment, day services and respite.

*NYS Office for People With Developmental Disabilities (OPWDD): Region 2 DDRO Regional Front Door  
Phone Line: (607) 240-4900*

## **Driver Education**

### **AARP Driver Safety Course**

For drivers age 50 and older; results in a discount on automobile insurance. Call the toll-free number, leave a message, and a volunteer will return your call to schedule a class.

*AARP, Inc.: (800) 350-7025*

## **Drug & Alcohol Abuse**

For the most up-to-date information on programs and services available to aid in recovery from drug and alcohol abuse issues, contact Broome County NY Connects at **(607) 778-2278** or toll-free at: **1-800-342-9871**.

### **Addiction Center of Broome County (ACBC)**

Provides medically-supervised outpatient counseling and treatment to chemically-dependent or abusing persons and their families. Sliding-scale fee.

*Addiction Center of Broome County (ACBC)*  
**(607) 723-7308**

### **Binghamton VA Community-Based Outpatient Clinic**

Staff from the Syracuse VA Medical Center provide medications and individual and group psychotherapy for veterans experiencing personal and emotional problems, including drug and alcohol problems. A smoking cessation program combines behavioral and medication treatments in a group format. Offers referrals to other community substance abuse programs and to residential VA facilities.

*Binghamton VA Community-Based Outpatient Clinic*  
**(607) 772-9100**

### **Fairview Recovery Services**

Provides chemical dependency services in Broome County Short-term, non-medical detoxification.

*Fairview Recovery Services Addictions Crisis Center:*  
**(607) 722-8987**

### **Family Mental Health Clinic**

Services include outpatient clinic treatment.

*Family & Children's Society: (607) 729-6206*

### **Helio Health Evaluation Center**

Medically supervised treatment programs for individuals with substance use issues. Helio offers inpatient detoxification, inpatient rehabilitation, outpatient treatment, mental health services, behavior health clinics, gambling support, and other services.

*Helio Health: (607) 296-3072*

### **Salvation Army Adult Rehabilitation Center**

Six-month to one-year drug and alcohol rehabilitation program. This full-time, in-house program meets basic physical needs and offers individual counseling, group counseling, work therapy, addiction education classes, Bible studies, and Christian worship services.

*Salvation Army Adult Rehabilitation Center*  
**(607) 723-5381**

### **Sunrise Wellness Center**

A peer-run program promoting recovery for individuals with mental health diagnoses. Provides a safe haven for those with a mental illness or chemical addiction. Offers a Peer Support Line at (607) 240-7291.

*Mental Health Association of the Southern Tier*  
**(607) 771-8888**

### **UHS Addiction Medicine at Binghamton General**

Services include inpatient, outpatient, and Medication Assisted Treatment (MAT).

UHS Addiction Medicine: **(607) 762-3288** for inpatient treatment, substance use evaluations, individual or group counseling; **(607) 762-3918** for medication for an opioid addiction.

*UHS Binghamton General Hospital*

### **UHS New Horizons Alcohol & Chemical Dependency Treatment Center**

Provides both inpatient and outpatient substance and alcohol abuse recovery services. Assessment, referral, and 24-hour Emergency Crisis Intervention. Offers a Crisis Hotline.

*UHS Binghamton General Hospital:*  
**(607) 762-3288 or Crisis Hotline: (607) 762-2257**

## **Elder Abuse & Neglect**

### **Adult Protective Services**

Services for adults, 18 or older, who are mentally and/or physically impaired and no longer able to protect themselves from neglect, abuse, or exploitation. Provides intake, assessment, service referrals and coordination of services. Confidentiality for all parties is assured and anonymous referrals are taken.

*Broome County Department of Social Services*  
**(607) 778-2635**

### **Crime Victims Assistance Center**

Free counseling for crime victims, victim advocacy, and help filing for victim compensation through NYS Crime Victims Board. Education and outreach on domestic violence and elder abuse, court accompaniment in criminal and family court, supportive counseling, intervention, and referral. 24-hour hotline for emergency crisis intervention, 24-hour victim accompaniment to police department and hospital.

*Crime Victims Assistance Center*  
**(607) 723-3200 or Crisis Hotline: (607) 722-4256**

### **Elder Abuse & Neglect Prevention Information**

Information & Assistance staff can provide up-to-date information on resources available to help prevent elder abuse and neglect.

*Broome County Office for Aging: (607) 778-2411*

### **Family Violence Prevention Council**

Provides a forum to address the incidence and effects of family violence, including elder abuse, maltreatment, and neglect. Resources include literature and a speakers' bureau.

*Family Violence Prevention Council of Broome County*  
**(607) 778-2153**

### **Long-Term Care Ombudsman Program**

Reviews elder needs and issues; testifies at public hearings. Advocates for persons in adult care, assisted living, and skilled nursing facilities. NYS-certified volunteers visit facilities regularly to help with questions or concerns on behalf of residents, family and staff.

*Action for Older Persons, Inc.: (607) 722-1251*

### **RISE (formerly SOS Shelter)**

Offers advocacy services for victims of domestic violence who need legal information and assists with public entitlement programs. Provides victims of domestic violence and their children with safe, emergency shelter. 24-Hour Crisis Hotline available.

*RISE Domestic Violence Services*  
**(607) 748-5174 or Crisis Hotline: (607) 754-4340**

## **Emergency Shelter**

### **Emergency Aid**

Assists with emergency housing.

*Broome County Department of Social Services*  
**(607) 778-8850 x 2504**

### **Family Emergency Housing**

Housing options for individuals and families in need. Emergency and crisis housing available.

*Volunteers of America: (607) 771-6795*

### **Men's Transitional Housing**

Transitional housing for men. Call for more information.

*Volunteers of America: (607) 771-6795*

### **Men's, Women's, & Children's Shelter**

Emergency shelter for men, women, and children. Call for more information.

*Volunteers of America: (607) 772-1156*

### **RISE (formerly SOS Shelter)**

Provides victims of domestic violence and their children with safe, emergency shelter. Counseling, advocacy, referral and children's programs. 24-Hour Crisis Hotline available.

*RISE Domestic Violence Services*  
**(607) 748-5174 or Crisis Hotline (607) 754-4340**

### **YMCA Emergency Housing Program**

The YMCA Emergency Housing Program provides emergency and long-term housing for homeless men ages 18 and older.

*YMCA Emergency Housing Program: (607) 772-0560*

### **YWCA Emergency Housing Program**

Provides emergency housing for homeless women and their children. Accommodates families with a maximum of 2 children; boys allowed up to the age of 7 years. Private kitchen and bathrooms. Provides food pantry, intensive case management, bus passes, and items for personal needs.

*YWCA Binghamton: (607) 772-0340*

## **Employment & Training**

### **ACCES-VR**

Provides services to individuals with disabilities to enable them to obtain employment. Services may include aptitude and interest testing, vocational guidance and counseling, training and placement services.

*Adult Career & Continuing Education Services  
(607) 721-8400*

### **Association for Vision Rehabilitation & Employment**

Provides employment and career services to individuals with a severe visual impairment. Employment & Career Services offers assistance and guidance with resume writing, interviewing, computer skills and assessments, job search, networking, employer consultation, and social/communication skills. Placement Services assist individuals to prepare, search, secure, and maintain employment. Manufacturing and call center employment opportunities.

*Association for Vision Rehabilitation & Employment  
(AVRE): (607) 724-2428*

### **Broome-Tioga BOCES**

Offers career-planning workshops, free GED preparation, organizational and job-seeking skills, job training, use of community resources, English as a Second Language (ESL) classes, Adult Career Planning, and self-improvement.

*Broome-Tioga Board of Cooperative Educational  
Services (BOCES): (607) 763-3300*

### **Broome-Tioga Workforce Development System**

Provides job seekers with assistance at two area Workforce Centers. Assists job-seekers in preparing for and keeping jobs. Workforce Center resources include computers and internet access, labor market information, job preparation workshops and individual employment counselors who aid job-seekers in the job search process.

*Broome-Tioga Workforce Development System  
(607) 778-2136 or (607) 687-8500*

### **Senior Community Service Employment Program (SCSEP)**

SCSEP enrolls qualified job seekers 55+ in part-time, paid training positions at public agencies or 501(c)3 non-profit organizations in their local communities. The purpose of the SCSEP is to help older workers transition back into the workforce. All positions are temporary.

*Broome County Workforce NY: (607) 778-2136*

### **Senior Helpers Program**

An employment service which matches workers age 55 and older with people needing help with chores, personal care, companionship, repairs, maintenance, or yard work. Long-term, short-term, or one-time jobs.

*Broome County Office for Aging: (607) 778-6105*

# End-Of-Life Planning

## Advance Health Directives

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### Advanced Planning for End-of-Life Program

Offers information on advanced directives such as Health Care Proxies, Living Wills, Do Not Resuscitate (DNR) forms, and Medical Orders for Life-Sustaining Treatment (MOLST) forms, while providing guidance on how to fill out forms and what to do once they are completed.

*Action for Older Persons, Inc.: (607) 722-1251*

### Legal Aid Society

Persons age 60 and older may apply for preparation of a simple will, power of attorney, and/or health care proxy. Does not do estate planning. Home visits may be arranged for clients unable to come to the office.

*Legal Aid Society of Mid-New York: (607) 231-5900*

## Funeral Pre-Planning

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### Pre-Planning for Funerals

The NYS Funeral Directors Association provides information on pre-planning for funerals, the benefits of pre-funding a funeral, NY State preneed laws, irrevocable accounts, revocable accounts, how to select a funeral director, the prearrangement conference, and next steps.

*New York State Funeral Directors Association, Inc. (518) 452-8230*

## Hospice

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### Lourdes Hospice

Provides care and support to terminally-ill patients with less than six months to live, with emphasis on optimum comfort measures.

*Lourdes Hospice: (607) 798-5692*

### Mercy House

Provides a supportive residential environment for terminally-ill patients who can no longer stay at home. Offers care when a cure is no longer possible, with a focus on comfort, dignity, and pain management. 24-hour hospice care as an alternative to nursing home care, hospital, or in-home care.

*Mercy House of the Southern Tier: (607) 321-1857*

## Organ/Body Donation

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### Anatomical Gift Program

Coordinates body donation program to facilitate the study of human anatomy by students and health care professionals as part of their medical education.

*SUNY Upstate Medical University, Dept. of Cell & Developmental Biology: (315) 464-4348*

### Center for Donation & Transplant

Facilitates procurement and equitable distribution of medically-suitable organs and tissues for transplant. The CDT coordinates the retrieval of donor organs and tissues at 47 hospitals throughout New York State and western Vermont.

*Albany Medical Center: (518) 262-5606*

## Financial Assistance

For information and assistance on eligibility for a wide range of financial benefits, contact Broome County NY Connects at (607) 778-2278 or toll-free at 1-800-342-9871.

## Credit Counseling

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### Housing Counseling Program

Metro Interfaith's Housing Counseling Program offers professional, confidential counseling for a wide range of housing needs or problems. Their primary goal is to assist those in need of safe, decent and affordable housing. They also provide home buying education, reverse mortgages, credit counseling, budget and money management, apartment relocation and more.

*Metro Interfaith Housing Management Corporation (607) 723-0582*



## **Emergency Financial Assistance**

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### **Emergency Aid**

Emergency aid may be available for expenses such as clothing, shelter, moving, home maintenance during illness, eviction, and shut-offs for electricity and phone.

*Broome County Department of Social Services  
(607) 778-8850 x 2504*

## **Food Stamps/SNAP**

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### **Supplemental Nutrition Assistance Program (SNAP)**

Provides funds used to purchase food to those who meet income eligibility guidelines.

*Broome County Department of Social Services  
(607) 778-1100*

## **Rent Subsidy**

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### **Binghamton Housing Authority Section 8 Rental Assistance (HUD)**

Offers rental assistance when grants are available. Call for eligibility guidelines.

*Binghamton Housing Authority: (607) 723-9491*

### **Town of Union Section 8 Rental Assistance (HUD)**

Offers rental assistance when grants are available. Call for eligibility guidelines.

*Town of Union Housing & Urban Development  
(607) 786-2985*

## **Utility Expenses**

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### **Home Energy Assistance Program (HEAP)**

A seasonal program, HEAP provides financial assistance with fuel or utility costs for income-eligible homeowners or renters. Refers clients to appropriate agency for fuel or utility emergency. Eligibility: age 60 and over, or disabled of any age receiving Supplemental Security Income (SSI) or Social Security Disability (SSD).

*Broome County Office for Aging: (607) 778-2411*

### **NYSEG Customer Services**

Customer Services offers Senior ID program, large-print bills, convenient-due-date billing, Friendly Reminder Service, balanced billing plan, deferred payment agreements, and electronic funds transfer. Offers critical customer service for those with life-sustaining health equipment at home.

*New York State Electric & Gas (NYSEG)  
(800) 572-1111*

## **Food & Household Goods**

### **2-1-1/First Call for Help**

Connects consumers with resources and information on local food pantries, food assistance programs, and clothing banks in their area.

*2-1-1/First Call for Help: Dial 2-1-1 or  
(800) 901-2180*

### **Community Hunger Outreach Warehouse (CHOW)**

Emergency food to those in need upon referral by local human service agencies and pastors. Several distribution pantries throughout Broome County.

*Broome County Council of Churches: (607) 724-9130*

### **Faith in Action**

Provides free voluntary assistance to elderly and other challenged individuals with shopping for groceries and other household items.

*Broome County Office for Aging: (607) 778-2411*

### **Food Pantry**

Provides food and clothing to individuals/families in economic crises. Information and referral services. Non-denominational.

*Catholic Charities of Broome County: (607) 723-4563*

### **Meals on Wheels**

Provides a hot lunch and cold supper to eligible homebound seniors who are unable to prepare meals for themselves and have no one to help them. Meals are delivered by volunteers Monday through Friday. Contributions are voluntary. Call for more information.

*Broome County Office for Aging: (607) 778-2411*

### **Meals on Wheels of Western Broome**

Provides one hot noon meal and one cold evening meal, delivered Monday through Friday. To qualify, you must be unable to shop or cook for yourself and have no one who can help. Non-elderly adults may need doctor's referral for service. Serving Endicott, Endwell, Johnson City, Vestal, and Maine.

*Meals on Wheels of Western Broome: (607) 754-7856*

### **Samaritan House**

Emergency & ongoing support for individuals and families needing household goods, infant and personal care items. Assistance and referrals for food, transportation, shelter, employment, etc.

*Samaritan House: (607) 724-3969*

### **Windsor Human Development**

Emergency food and clothing for people in need. Holiday food baskets.

*Windsor Human Development: (607) 217-8839*

## **Health Insurance Information**

### **Claims, Assistance, & Information**

#### **HIICAP (Health Insurance Information Counseling and Assistance Program)**

Offers no-cost unbiased health insurance counseling for those approaching Medicare eligibility and Medicare beneficiaries, including information on supplemental health insurance plans, Medicare Advantage plans, Medicare Savings Programs, and Medicare Prescription Drug plans. Provides seminars on Medicare-related topics.

*Action for Older Persons, Inc.: (607) 722-1251*

### **Medicaid**

Medicaid is a health care program for families with limited income and resources. Medicaid pays directly to health care providers, vendors, hospitals, and institutions for necessary medical care and services for eligible persons. Medicaid can be an individual's only health insurance plan or may pay in addition to other coverage. Medicaid services in New York State are provided in two forms, including (1) a Medicaid Managed Care plan through a private insurance company, or (2) traditional, community Medicaid.

There are a variety of programs in Broome County which assist with the Medicaid application process. The appropriate program depends on an individual's circumstances.

Those who are not yet eligible for Medicare (under 65 years of age and not receiving disability) should contact: Mothers & Babies Perinatal Network: (607) 772-0517

Those eligible for Medicare due to age (65 or older) or disability (receiving Social Security Disability payments for 24+ months) should contact:

*Broome County Department of Social Services:  
(607) 778-1100*

*Broome County NY Connects: (607) 778-2278*

*Southern Tier Independence Center: (607) 724-2111*

## **Medicare**

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Medicare is the Federal fee-for-service health insurance program available to those 65 years of age and older, those who have been receiving Social Security Disability for more than 24 months, or those undergoing continuing dialysis for end-stage renal disease or who need a kidney transplant. The Health Insurance Information, Counseling and Assistance Programs offers unbiased health insurance counseling for Medicare beneficiaries. Information on original Medicare Part A and Part B is provided, as well as additional Medicare options including Medicare Advantage Plans (Part C), Medicare supplement policies, and Medicare Prescription Drug Plans (Part D). Billing and claims, policy review, selection, and enrollment assistance is also provided.

### **Health Insurance Information, Counseling & Assistance Program (HIICAP)**

Offers unbiased health insurance counseling for those approaching Medicare eligibility or Medicare beneficiaries. Information on supplemental health insurance plans, Medicare Advantage plans, Medicare Savings programs & senior prescription drug coverage. Seminars on Medicare-related topics.

*Action for Older Persons, Inc.: (607) 722-1251*

### **Medicare Savings Program**

The Medicare Savings Program (MSP) is a Medicaid-administered program available to Medicare beneficiaries with limited income. If you qualify, this program will pay your Medicare Part B premium. Depending upon the sub-program for which you are eligible, it may also pay for deductibles, coinsurance, and copays.

*Action for Older Persons, Inc.: (607) 722-1251*

### **Social Security**

Information and services regarding Social Security, Medicare, Supplemental Security Income (SSI) and Social Security Disability (SSD).

*Social Security Administration: (866) 964-3971*

## **Programs for the Uninsured/Underinsured**

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### **Elderly Pharmaceutical Insurance Coverage (EPIC) Program**

The Elderly Pharmaceutical Insurance Coverage (EPIC) program is a New York State program for seniors. It helps seniors aged 65 and older to reduce their out-of-pocket Medicare Part D drug costs. Seniors can apply for EPIC at any time of the year and must be enrolled or eligible to be enrolled in a Medicare Part D drug plan to receive EPIC benefits and maintain coverage. EPIC provides secondary coverage for Medicare Part D and EPIC-covered drugs purchased after any Medicare Part D deductible is met. EPIC also covers approved Part D-excluded drugs once a member is enrolled in Part D.

*Action for Older Persons, Inc.: (607) 722-1251*

### **Hope Dispensary of the Southern Tier**

A service of Lourdes Hospital, the Hope Dispensary may be able to help those unable to afford medications. This program offers help to individuals who have no prescription coverage and have a limited income. Patients at or below 200% of the Federal Poverty Level (FPL) will be provided with short term and long term medication assistance. Staff is available to assist with enrollment in Medicaid and other public programs, if needed. Staff can also provide information and assistance to patients so they can obtain a primary care provider, if needed.

*Hope Dispensary of the Southern Tier: (607) 584-9376*

### **Lourdes Patient Financial Assistance Program**

Lourdes has established the Patient Financial Assistance Program to help patients who meet the income guidelines. It can also be used to assist with any copays or deductibles of other programs. A financial scale based on federal poverty level guidelines determines your eligibility for the Patient Financial Assistance Program. How much your Lourdes bill will be discounted depends on how your gross income compares with this financial scale.

*Lourdes Hospital Financial Assistance Office:  
(607) 584-5522*

### **Low Income Subsidy/Extra Help**

Eligible beneficiaries who have limited income may qualify for a government program that helps pay for Medicare Part D prescription drug costs. Medicare beneficiaries receiving the low-income subsidy (LIS) get assistance in paying for their Part D monthly premium, annual deductible, coinsurance, and copayments.

*Action for Older Persons, Inc.: (607) 722-1251*

### **UHS Financial Assistance**

If you have concerns about paying your hospital or provider bill, UHS' financial assistance program can help. Discounts are based on family size and income only. No person, regardless of ability to pay, will be refused medical services.

*UHS Financial Assistance: (607) 763-6127*

## **Veterans' Benefits**

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### **Veterans Benefits Counseling**

Counseling offered to veterans, dependents, and widows/widowers on Service Benefits, applications, problem solving, and representation with the VA. Assists in applying for benefits such as pensions, compensations, blind annuity, educational services, and burial benefits.

*Broome County Veteran Services: (607) 778-2147*

*New York State Division of Veterans' Affairs*

*(607) 724-1299*

## **Hearing Loss**

### **Deaf Services Coordination**

Offers information & referrals for persons with hearing loss. For a fee, sign language interpreters facilitate communication with professionals such as doctors, attorneys, etc. Peer counseling, ILS training and other services provided by a deaf or hearing-impaired staff person.

*Southern Tier Independence Center (STIC) (607) 724-2111*

### **Employment-Related Hearing Services**

Offers hearing evaluations, hearing aids and other adaptive equipment to those with significant hearing loss affecting ability to function in the workplace or as homemaker. Eligibility subject to means testing.

*Adult Career & Continuing Education Services*

*(ACCES-VR): (607) 721-8400*

### **Hear Now**

Provides hearing aids to individuals who are residents of the United States, meet financial eligibility criteria, and are approved for assistance. Patients should have had a complete hearing evaluation done within the past nine months. Hear Now is an organization of last resort.

*Starkey Hearing Foundation: (800) 328-8602*

### **Help America Hear Program**

Provides hearing aids for individuals with limited financial resources. Each person receives: two hearing aids, custom ear molds, and one year limited service. After an application fee, the only expenses are the cost of the hearing evaluation and batteries. Income limits apply, application and application fee required.

*Foundation for Sight & Sound: (631) 366-3461*

For further information on audiology and hearing loss services, please call the Broome County Office for Aging at (607) 778-2411 or Broome County NY Connects at (607) 778-2278 or toll-free at 1-800-342-9871.

## **Home Adaption, Repairs, & Weatherization**

### **Adaptation**

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#### **Access to Independence, Cortland**

Agency is dedicated to making homes and businesses safe and accessible. Projects include wheelchair ramps and lifts, accessible porches and decks, handrails, expanded doorways, roll-in showers with grab bars, bathtub grab bars and seats, kitchen modifications, and relocation of bathroom or bedroom.

*Access to Independence, Cortland: (607) 753-7363*

#### **Accessibility Consultation**

Offers consultation on the most efficient, inexpensive way to make a home, worksite or other building accessible to people with all types of disabilities.

*Southern Tier Independence Center (STIC)*

*(607) 724-2111*

### **Home Adaptation for Seniors**

Builds wheelchair ramps for seniors and disabled in Broome County. Provides labor free of charge, or for a nominal hourly fee, depending on income. Homeowner pays cost of building materials.

*First Ward Action Council: (607) 772-2850*

### **Ramp It Up Program**

Builds wheelchair ramps for seniors and disabled persons in Broome County. Applications accepted January through March. Determination based on need and feasibility of construction.

*Broome County Council of Churches: (607) 724-9130*

## **Repairs**

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### **Home Repair Service for Seniors**

Provides home repair services for seniors and disabled in Broome County. Provides labor free of charge, or for a nominal hourly fee, depending on income. Homeowner pays cost of building materials.

*First Ward Action Council: (607) 772-2850*

### **Loans for Home Repair, City of Binghamton**

Deferred loans for home repair in the city of Binghamton. Single-family homes only. Applicants must be up to date on property taxes and property insurance. Loans subject to availability of funds.

*City of Binghamton Housing & Urban Development (HUD): (607) 772-7028*

### **Loans for Home Repair, Town of Union**

Deferred loans for home repair in the Town of Union. One- or two-family homes considered. Applicants must be up to date on property taxes and property insurance. Loans subject to availability of funds. Town of Union includes Johnson City, Endicott, and Endwell.

*Town of Union Housing & Urban Development (HUD) (607) 786-2985*

### **Senior Helpers Program**

An employment service which matches workers age 55 and older with people needing help with repairs, maintenance, or yard work. Workers will do minor repairs, such as fixing a leaky faucet, and major improvements, such as house painting or building a wheelchair ramp. Long-term, short-term, or one-time jobs.

*Broome County Office for Aging: (607) 778-6105*

### **Southern Tier Homebuilders and Remodelers**

A network of contractors, roofers, electricians, plumbers, and other industry professionals who offer basic repairs, major home repairs, or home modifications. The association provides names and phone numbers of members who will then provide an estimate for your building project.

*Southern Tier Homebuilders and Remodelers Association: (607) 785-9285*

### **The Very-Low-Income Housing Repair Program**

Offers low-interest 1% loans to very-low-income homeowners and grants to those 62 years and older for home repairs. Call for information and eligibility guidelines.

*USDA Rural Development: (607) 753-0851*

## **Weatherization**

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### **Tioga Opportunities**

Offers free weatherization help to eligible applicants in Broome and Tioga Counties. Funding provided by NYS Homes and Community Renewal

*Tioga Opportunities, Inc.: (607) 687-4222*

For a full listing of Weatherization resources, call the Broome County Office for Aging at **(607) 778-2411**.

## **Housing**

### **Broome County NY Connects**

Provides information on housing options for seniors and persons with disabilities.

*Broome County NY Connects: (607) 778-2278*

**City of Binghamton Housing & Urban Development (HUD)**

Offers financial aid to human services agencies to promote senior programs.

*City of Binghamton Housing & Urban Development (HUD): (607) 772-7028*

**Deposit Foundation, Inc.**

Assists low- to moderate-income families in locating affordable housing in the Deposit area. Manages apartment facility for limited-income clients.

*Deposit Foundation, Inc.: (607) 467-4000*

**Family-Type Homes**

Regulates and keeps lists of Family-Type homes in the area.

*Broome County Department of Social Services (607) 778-2504*

**Family-Type Homes for the Elderly**

Elderly or disabled individuals who can no longer live alone safely move into the home of a professionally-trained caregiver. Caregiver and client are carefully matched to meet individual needs. Practical assistance and emotional support are offered by case managers who visit regularly. On-call staff provide emergency coverage. Helps avoid or delay nursing home placement.

*Family & Children's Society: (607) 296-7108*

**Information & Assistance Line**

Provides information about housing options for seniors.

*Broome County Office for Aging: (607) 778-2411*

**Southern Tier Independence Center (STIC) Housing/Benefits Program**

STIC works with community members and agencies to collaborate with developers and funders to bring more affordable and accessible housing into the community. STIC helps people with information on finding suitable, affordable and accessible housing, including information on subsidized housing, section 8, housing vouchers, etc.

*Southern Tier Independence Center (STIC) (607) 724-2111*

**Town of Union Housing & Urban Development (HUD)**

Rental assistance, first-time home buyer assistance, and home improvements. Grants and low-interest loans. Call for eligibility requirements.

*Town of Union Housing & Urban Development (HUD) (607) 786-2985*

**Apartments for Seniors**

For information on local senior housing buildings, please refer to the chart on page 41-43.

**Long-Term Care Facilities**

For a comprehensive listing of Long-Term Care Facilities, please refer to the chart on page 39-40.

**In-Home Services**

**Home Health Care Agencies**

For a comprehensive listing of Home Health Care Agencies, please refer to the chart on page 37-38.

For additional information and assistance with in-home services, senior living arrangements, or the potential for higher levels of care, call the Broome County Office for Aging at (607) 778-2411, or Broome County NY Connects at (607) 778-2278, or toll-free at 1-800-342-9871.

**Legal Services**

**General**

**Broome County Bar Association**

Provides referrals to attorneys for ½ hour consultation. A consultation fee applies.

*Broome County Bar Association: (607) 723-6331*

**Legal Aid Society of Mid New-York**

Provides free legal advice and representation in civil court and administrative forums. Areas of representation include welfare, Social Security, Supplemental Security Income (SSI), unemployment compensation, housing, issues affecting low-income residents, divorces (limited basis), and senior concerns, including simple wills and powers of attorney. Free legal services to seniors (60 or older) on a wide range of civil legal matters. Sponsored by Broome County Office for Aging.

*Legal Aid Society of Mid-New York: (607) 231-5900*

## **Conflict Resolution**

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### **Accord Dispute Resolution**

Provides free confidential mediation services in Broome and Tioga Counties, to resolve interpersonal conflicts, small claims, and business disputes. Mediation services are also available to resolve family matters. Assisted Senior Communication (for seniors and their families) uses a free, voluntary discussion process which aids individuals and families in the decision-making process. Additional mediation services are available for custody and visitation, child support, family conflicts, Special Education, Mobile Home, ACCES-VR, Agricultural, School and Lemon Law arbitration.

*Accord: (607) 724-5153*

### **Consumer Fraud and Protection Bureau**

Helps consumers with various complaints such as landlord-tenant disputes, housing discrimination, automobile, and fraud (credit, home improvement, mail/phone orders). Provides referrals for state agency problems and consumer outreach services. Auto Arbitration to resolve disputes with car dealers.

*New York State Attorney General's Office  
(607) 251-2770*

### **Legal Aid Society of Mid-New York**

Program can assist seniors in the areas of: simple wills, powers of attorney, health care proxies, living wills, simple real estate, consumer matters and income maintenance issues. Sponsored by Broome County Office for Aging.

*Legal Aid Society of Mid-New York: (607) 231-5900*

## **Preparation of Legal Documents**

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### **Advanced Planning for End-of-Life Program**

Assists with completing Health Care Proxy and advance medical directive forms. Free personal assistance available by appointment.

*Action for Older Persons, Inc.: (607) 722-1251*

### **Legal Aid Society of Mid-New York**

Program can assist seniors in the areas of: simple wills, powers of attorney, health care proxies, living wills, simple real estate, consumer matters and income maintenance issues. Sponsored by Broome County Office for Aging.

*Legal Aid Society of Mid-New York: (607) 231-5900*

## **Medical Equipment**

### **Loan Closets**

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Loan closets lend equipment for home use, including electric beds, hospital beds, bed trays, tables or footstools, commodes, bedpans, urinals, canes, crutches, wheelchairs, walkers, invalid rings, hydraulic lifts, roll-away beds, air mattresses, foot cradles, side rails, foam pads, trapezes, toilet seat raisers, bathtub seats, pillow rests, hearing loss equipment such as TTYs, closed captioners, and flashers. They also provide information on adaptive equipment devices or assistance with building wheelchair ramps. Please refer to page 35 for a listing of loan closets in the area.

### **Medical Equipment Suppliers**

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Durable Medical Equipment includes wheelchairs, walkers, oxygen equipment, hospital beds, lift chairs, and other such items vital in promoting independence. Please refer to page 36 for a listing of Durable Medical Equipment suppliers in the area.

## **Medical Systems**

### **Guthrie Robert Packer Hospital**

1 Guthrie Square, Sayre PA  
*(570) 888-6666*

### **Lourdes Hospital**

169 Riverside Drive, Binghamton NY  
*(607) 798-5111*

### **UHS Binghamton General Hospital**

10-42 Mitchell Avenue, Binghamton NY  
*(607) 762-2200*

### **UHS Wilson Medical Center**

33-57 Harrison Street, Johnson City NY  
*(607) 763-6000*

## **Mental Health & Counseling**

For the most up-to-date information on programs and services available for mental health, contact the Broome County Office for Aging at **(607) 778-2411**, or Broome County NY Connects at **(607) 778-2278** or toll-free at **1-800-342-9871**.

Find a Mental Health Program: Through the New York State Office of Mental Health (OMH), you can use the link below to find clinic, outpatient, crisis, and emergency services in your area. The mental health program directory found through this link provides a list of all programs in NYS that are operated, licensed, or funded by the OMH.

<https://my.omh.ny.gov/bi/pd/>

## **Alzheimer's & Dementia**

### **Alzheimer's Association**

Provides a broad range of programs and services for people with the disease, their families and caregivers, as well as professional care providers. Services include a Helpline offering 24/7 support, care consultations, support groups, educational and training services, and the Safe Return program for individuals prone to wandering.

*Alzheimer's Association, Central NY Chapter  
(315) 472-4201 or 24/7 Helpline (800) 272-3900*

### **Elder Services Center**

Diagnoses memory disorders, evaluates for dementia & depression. Helps family, caregivers, & health professionals learn to manage problems associated with Alzheimer's and related dementias. Educates professionals & caregivers using current, innovative intervention methods. Consultation is 2-part: in-home and at a clinical site.

*Binghamton University, Elder Services Center,  
Decker School of Nursing  
(607) 777-6636*

## **Anxiety, Depression, & Mental Health**

### **Adult Mental Health Clinic**

Offers assistance to adults in need of mental health services.  
*Family & Children's Society: (607) 729-6206*

### **Advocacy for Mental Health**

Provides advocates to work with mental health recipients to assist them with support services.

*Catholic Charities of Broome County: (607) 773-3205*

### **Advocacy for Mental Health**

Provides aid to adults in navigating the mental health system and to understand their rights. Assists community residents and professionals in finding private therapists or other mental health programs.

*Mental Health Association of the Southern Tier  
(MHA ST): (607) 771-8888*

### **Binghamton Depression & Bipolar Support Group**

Support group for those suffering from depression and/or bipolar disorder. Call for information.

*Binghamton Depression & Bipolar Support Group  
(607) 239-4624*

### **Binghamton University Psychological Clinic**

Offers psychotherapy and behavioral therapy for adults, families, groups, and couples for a broad range of behavioral and psychological problems.

*Binghamton University, Psychological Clinic:  
(607) 777-2103*

### **Community Treatment & Recovery Center**

Provides services to adults in need of mental health services. Also provides Day Program.

*Greater Binghamton Health Center: (607) 797-0680*

### **Comprehensive Psychiatric Emergency Program (CPEP)**

24-hour hotline for emotional or psychiatric emergency. In-person assessment. Educational presentations. Referrals to counseling and therapy.

*UHS Binghamton General Hospital: (607) 762-2200  
or Emergency Hotline: (607) 762-2302*



### **Four Seasons Club**

Operates work units designed to help members achieve or regain the confidence and skills necessary to lead vocationally-productive and satisfying lives.

*Catholic Charities of Broome County: (607) 773-1184*

### **Geriatric Mobile Crisis Team**

Provides screening and consultation for admission to the Greater Binghamton Health Center. Works with appropriate agencies on placements in adult-care facilities and nursing homes. Eligibility: 65 or older with a psychiatric diagnosis.

*Greater Binghamton Health Center: (607) 724-1391*

### **Health Home**

Provides coordinated care for those with chronic medical and/or behavioral conditions. Must have Medicaid.

*Catholic Charities of Broome County: (607) 723-9991*

### **Lourdes Center for Mental Health**

Provides Mental Health Services to adults.

*Lourdes Center for Mental Health: (607) 584-4465*

### **Peer Educators**

Provides educational sessions to eliminate the stigma of mental health.

*Mental Health Association of the Southern Tier  
(607) 771-8888*

### **Self-Help Independence Program (SHIP)**

Provides self-help services and empowerment designed for recipients, like Creative Writers Group, Speakers Bureau, Fundamental Follies, and more.

*Mental Health Association of the Southern Tier  
(607) 771-8888*

### **UHS Family Ties Program**

Works with friends and families of individuals who are mentally ill.

*UHS Family Ties Program: (607) 762-2887*

## **Counseling**

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### **Catholic Charities Counseling**

Psychotherapeutic counseling provided to individuals, families, and groups by professional and New York State certified social workers.

*Catholic Charities of Broome County: (607) 729-9166*

### **Family & Children's Society**

Private counseling for elder individuals and couples with difficulties such as depression, anxiety, or problems associated with the issues of aging; grandparents raising grandchildren, caregiving and complicated bereavement. Medicare or private insurance accepted. Elders are not charged a fee.

*Family & Children's Society: (607) 729-6206*

### **Samaritan Counseling Center**

Provides spiritually-sensitive counseling, consultation, and education to people of all ages, couples, groups, and families on a variety of mental health issues. Samaritan counselors are clinically-trained professionals with Master's and/or Doctoral degrees in counseling and psychotherapy. Accepts most insurance plans, reduced fees for persons with low income or no insurance.

*Samaritan Counseling Center of the Southern Tier  
(607) 754-2660*

### **Southern Tier Independence Center (STIC)**

Provides one-on-one peer support program to share experiences and coping strategies between disabled persons. Professional counseling for consumers/families by a CSW for complex personal issues.

*Southern Tier Independence Center: (607) 724-2111*

## **Veterans**

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### **Binghamton Veterans Center**

Provides counseling services, parenting classes, job counseling and more.

*Binghamton Veterans Center: (607) 722-2393*

### **Binghamton VA Community Based Outpatient Clinic**

A behavioral health care team consisting of social workers, psychiatrists, a psychiatric nurse, and visiting counselors from the Syracuse VA Medical Center provides medications, individual and group psychotherapy for veterans, specializing in Post-Traumatic Stress Disorder and Health Care for Homeless Veterans Program.

*Binghamton VA Community Based Outpatient Clinic  
(607) 772-9100*

### **Broome County Veterans Service Agency**

Provides counseling to veterans, dependents, and widows/widowers regarding service benefits such as pensions, compensations, blind annuity, educational services, and burial benefits.

*Broome County Veterans Service Agency  
(607) 778-2147*

### **Clear Path For Veterans**

Clear Path for Veterans, a non-profit organization, is Upstate New York's archetype Veteran Service Organization serving as a hub of information, programs and resources. As a single point of contact for Veterans, military members and their families, Clear Path engages, supports, and makes it easy to connect with what you need with commitment to providing a welcoming place to call home.

*Clear Path For Veterans: (315) 687-3300*

### **Veterans Crisis Line**

The Veterans Crisis Line is a resource provided by the Department of Veterans Affairs (VA) which connects veterans and service members in crisis and their families and friends with information and qualified, caring VA responders through a confidential, toll-free hotline, online chat and text messaging service. Veterans and their families and friends can call 1-800-273-8255 and press 1, chat online at [www.veteranscrisisline.net](http://www.veteranscrisisline.net), or send a text message to 838255 to receive support from specially-trained professionals, 24 hours a day, 7 days a week, 365 days a year.

*Department of Veterans Affairs, Veterans Crisis Line  
(800) 273-8255, Extension 1*

## **Personal Emergency Response Systems**

Personal Emergency Response Systems (PERS) let you call for help in an emergency by pushing a button. Most are fee-based with an installation fee and monthly monitoring charge.

### **Caring Responders**

**(A Division of Lincare)**

Device is installed by local Lincare office and service is provided through a call center located elsewhere. No activation fee for landline service.

*Lincare, Caring Responders: (866) 993-0661*

### **Great Call "Lively Mobile"**

Tioga Opportunities, Inc., has a partnership with Great Call to offer discounted product and service rates for customers who use the referral code "TIOGA". This applies even for Broome County NY residents.

*Great Call "Lively Mobile": (800) 650-5921*

### **Freedom Alert by LogicMark**

No contracts and no monthly fees. 30-day return policy. Can purchase extra pendants. Pendant has range of 600ft from base, with in-pendant speaker.

*Freedom Alert by LogicMark: (800) 953-5211 ext 2*

### **LifeFone**

No activation, contract, or cancellation fees. Has voice in pendant option. Also offer fall detection, daily check in service, activity assurance (daily reminder to check in with the call center), medication reminders. LifeFone also has mobile APPS. Can also bundle home monitoring for CO gas and fire/smoke detection.

*LifeFone: (800) 331-9198*

### **Medical Guardian**

Several options available, including option for fall detection. No contract or activation fee. Cost for equipment varies, with an option to rent equipment. No contract or activation fee.

*Medical Guardian: (800) 668-9200*

### **Philips Lifeline**

Several options available.

*Philips Lifeline: 1-800-242-1306 ext 4575*

### **UHS Twin Tier Home Emergency Alarm Response**

UHS Provides a reduced rate on the monthly rental fee of a PERS unit to consumers who cite the Broome County Office for Aging as their referral source when they call. No contract, you may cancel at any time.

*UHS Professional Home Care: (607) 763-8952*

## **Physician Referral**

### **Broome County Medical Society**

Provides physician referral.

*Broome County Medical Society: (607) 772-8493*

### **Lourdes Physician Referral**

Helps callers choose proper physician for their needs. Provides physician information including specialty, board certification, location, and insurance participation.

*Lourdes Hospital: (607) 798-5831*

## **Rehabilitation**

To see a complete listing of Long-Term Care Facilities which offer short-term rehabilitation services, please refer to the chart on page 39-40.

## **Senior Centers**

Senior Centers promote wellness and social activity for seniors through programs such as: exercise classes, crafts, games, dancing, computer education, tax and benefits counseling, special dining events, and daily lunches. Area Senior Centers may be sponsored by the Broome County Office for Aging (BCOFA), City of Binghamton (COB), Johnson City Senior Center, Inc., or other agencies.

There is a lunch program at the Senior Centers sponsored by BCOFA with a suggested contribution per meal for adults aged 60 and over and their spouses. Contributions are confidential; no one is denied a meal due to inability or unwillingness to pay. Those under age 60 may dine for a cost per meal.

### **Broome West Senior Center**

Located in Endwell. Operated by BCOFA. Open 9:00 AM to 3:00 PM, M-F

Lunch served at noon. Reservation required.

Call (607) 785-1777.

Call for information on activities offered.

*Broome West Senior Center: (607) 785-3427*

### **Chenango Bridge Senior Center**

Located in Chenango Bridge. Operated by BCOFA.

Open 10 am-2 pm, Wednesdays and Fridays

Lunch is served around Noon. Reservations required.

Call for information on activities offered.

Chenango Bridge Senior Center: **607-663-0406**

### **Deposit Senior Center**

Located in Deposit. Operated by BCOFA.

Open 9:00 AM to 2:00 PM, T/Th

Lunch served at 12:30 PM. Reservation required.

Call for information on activities offered.

*Deposit Senior Center: (607) 467-3953*

### **Eastern Broome Senior Center**

Located in Harpursville. Sponsored by BCOFA.

Open 9:00 AM to 2:30 PM, M-F

Lunch served at noon. Reservation required.

Call for information on activities offered.

*Eastern Broome Senior Center: (607) 693-2069*

### **First Ward Senior Center**

Located in Binghamton. Operated by COB. Sponsored by BCOFA.

Open 8:30AM to 3:30PM, M - F

Lunch served at 11:45 AM. Reservation required. Call (607) 729-6214.

Call for information on activities offered.

*First Ward Senior Center: (607) 797-2307*

### **Johnson City Senior Center**

Located in Johnson City. Operated by Johnson City Senior Center, Inc. Sponsored by BCOFA.

Open 9:00 AM to 4:00 PM M-TH, F 9:00 AM to 2:00 PM

Lunch served at 11:45 AM. Reservation required.

Call (607) 797-1149.

Call for information on activities offered.

*Johnson City Senior Center: (607) 797-3145*

### **Northern Broome Senior Center**

Located in Whitney Point. Operated by BCOFA. Open 9:00 AM to 3:00 PM, M - F

Lunch served at noon. Reservation required.

Call for information on activities offered.

*Northern Broome Senior Center: (607) 692-3405*

### **North Shore Towers Senior Center**

Located in Binghamton. Operated by BCOFA. Sponsored by Binghamton Housing Authority.

Open: M-F, 10:00 AM to 2:00 PM

Lunch served at noon. Reservation required.

Call for information on activities offered.

*North Shore Towers Senior Center: (607) 772-6214*

### **Vestal Senior Center**

Located in Vestal. Operated by BCOFA.

Open: M-F, 9:00 AM to 2:00 PM

Lunch served at 11:45 AM. Reservation required.

Call for information on activities offered.

*Vestal Senior Center: (607) 754-9596*

## **Snow Removal**

### **Information & Assistance Line**

The Information & Assistance Line staff maintains a list of vendors and individuals who do snow removal for a fee.

*Broome County Office for Aging: (607) 778-2411*

### **Senior Helpers Program**

The Senior Helpers program is an employment service which matches workers aged 55 or older with people needing help with snow and ice removal. Call for information.

*Broome County Office for Aging: (607) 778-6105*

## **Social, Recreational & Learning Activities**

For information on social and recreational activities offered at Broome County Senior Centers, see "Senior Centers" on pages 20-21.

### **American Civic Association**

Promotes communication between ethnic groups and the community.

*American Civic Association: (607) 723-9419*

### **Broome County Arts Council**

Art gallery and museum. Preserves local cultural heritage, enhances multicultural life, and provides a network of support services to the community.

*Broome County Arts Council: (607) 723-4620*

### **Broome County Libraries**

#### **Broome County Public Library**

185 Court Street, Binghamton NY  
(607) 778-6400

#### **Deposit Free Library**

159 Front Street, Deposit NY  
(607) 467-2577

#### **George F. Johnson Memorial Library**

1001 Park Street, Endicott NY  
(607) 757-5350

### **Fenton Free Library**

1062 Chenango Street, Binghamton NY  
(607) 724-8649

### **Lisle Free Library**

8998 Main Street, Lisle NY  
(607) 692-3115

### **Mary Wilcox Memorial Library**

2630 Main Street, Whitney Point NY  
(607) 692-3159

### **Vestal Public Library**

320 Vestal Parkway East, Vestal NY  
(607) 754-4243

### **Your Home Public Library**

107 Main Street, Johnson City NY  
(607)797-4816

### **Lyceum Program**

Life-long learning opportunities promoting discussion and participation for learners over 50 years of age. Classes offered on a wide range of subject matters during day, evening, and occasionally weekends. Day trips providing learning experiences may also be offered.  
*Lyceum at Binghamton University: (607) 777-2587*

### **SUNY Broome Community College**

The Continuing Education Department offers non-credit courses on topics such as writing, painting, flower arranging, gardening, language and much more.  
*SUNY Broome Continuing Education Department:  
(607) 778-5012*

## **Taxes**

### **2-1-1/First Call for Help**

Call for assistance in scheduling a local appointment with an AARP tax volunteer.

*2-1-1/First Call for Help: **Dial 2-1-1 or (800) 901-2180***

### **AARP's Tax Aide Program**

AARP's tax counselors help people over 50 or low-income individuals file state and federal income taxes for free. Available February 1<sup>st</sup> through April 15<sup>th</sup>. Call the Broome County Office for Aging for information on hours and locations.

*Broome County Office for Aging: (607) 778-2411*

### **Property/School Tax Reduction Information**

Broome County Office for Aging's Information and Assistance Line staff counsels seniors on eligibility for benefits such as STAR, Real Property Senior Tax Exemption, and IT-214 tax rebate program. For further information on tax issues, contact your local Tax Assessor's office.

*Broome County Office for Aging: (607) 778-2411*

### **Taxpayer Advocate Service**

Represents the interest and concerns of taxpayers within the IRS by protecting taxpayers' rights and resolving problems which have not been fixed through normal means.

*US Internal Revenue Service (IRS): (877) 777-4778*

## **Transportation**

### **Ambulette Service/Medical Transportation**

Non-emergency medical transportation, sometimes referred to as Ambulette Service, provides fee-based door-to-door service when full ambulance/emergency transport service is not necessary and curb-to-curb transportation, such as a taxi or BC Lift, is not adequate for the situation. Additionally, ambulette service offers special needs assistance, especially for persons with mobility issues. For a list of providers, please refer to your local telephone directory Yellow Pages under "Ambulette Services."

*Donson Transportation: (607) 786-4444*

*HTM MedTrans: (607) 321-8520*

*Redivan: (607) 235-9112*

*Southern Tier/Serafini: (607) 772-8500*

### **BC Country**

Provides curb-to-curb transportation for Broome County residents who live in rural areas of the county and wish to travel to the urban areas within Broome County. Buses are equipped with wheelchair lifts. Length of trip varies with number of passengers. Reservations are required. No service on most major holidays. \$2.00 suggested contribution per one-way ride for seniors.

*Broome County Transit: (607) 763-4464*

*Application information: (607) 778-2411*

*Ride reservations: (607) 763-8747 x 3*

### **BC Lift**

Provides curb-to-curb service for person with disabilities who live within the urban areas of Broome County. Applicants must meet eligibility requirements, including certification by physician or social service agency as having a physical, visual or mental disability which prevents use of regular Transit system. Reservations are required. No service on most major holidays. \$3.00 fare per one-way ride.

*Broome County Transit: (607) 763-4464*

*Application information: (607) 778-2411*

*Ride reservations: (607) 763-8747 x 1*

### **BC Transit Fixed Route Buses**

Scheduled bus service routes available throughout the Broome metropolitan area. Route information and bus schedules available at transfer station locations, public libraries, and various agencies serving seniors. All buses are wheelchair accessible.

Senior Discount Program provides BC Transit bus transportation services at a discounted rate to seniors with a Broome County Office for Aging ID card. Call the Office for Aging at (607) 778-2411 to apply for an ID card; proof of age required. Discounts on monthly bus passes also available to seniors with this card.

*Broome County Transit: (607) 763-4464*

### **Binghamton VA Community-Based Outpatient**

#### **Clinic Transportation**

Free transportation to and from VA Medical Center in Syracuse, weather permitting, for veterans with a pre-arranged appointment. Must arrive at the Binghamton VA Outpatient Clinic 15 minutes prior to scheduled departure. Call for information.

*Binghamton VA Community-Based Outpatient Clinic  
(607) 772-9100*

### **Deposit Foundation**

Provides non-emergency transportation for seniors residing in the Deposit area who do not drive or have no transportation to medical or other appointments. Service is door-to-door. Trips to destinations in and out of town, Mon-Fri. Volunteers drive a 7-passenger minivan. Donations accepted.

*Deposit Foundation: (607) 467-4000*

### **Faith in Action Volunteer Drivers**

The Faith in Action program, provided by the Broome County Council of Churches, provides non-emergency, transportation to medical appointments through a network of volunteers. Pre-registration with the program and needs assessment is required.

*Broome County Council of Churches: (607) 724-9130*

### **Getthere Transportation Call Center**

A collaboration between the Rural Health Network and partner organizations in South Central New York. Seniors and caregivers can get answers to transportation questions, assistance with travel planning and group or individual travel training. Call the toll-free Getthere Call Center to reach staff that is well-versed in the area's transportation options.

*Mobility Management of South Central New York/*

*Rural Health Network*

*(855) 373-4040*

### **Office for Aging (OFA) Mini-Bus**

Provides curb-to-curb transportation service for Broome County seniors aged 60 and older with Office for Aging ID card. Transportation throughout the urbanized area of Broome County. Buses are equipped with wheelchair lifts. Reservations are required; suggested contribution of \$2.00 per one-way ride. No service on most major holidays.

*Broome County Transit: (607) 763-4464*

*Application information: (607) 778-2411*

*Ride reservations: (607) 763-8747 x 2*

### **Road to Recovery Program**

Volunteers through the American Cancer Society provide rides to treatment appointments for cancer patients who have no one to take them.

*American Cancer Society: (800) 227-2345*

### **Senior Helpers Program**

Employment service which matches workers aged 55 and older with people needing services such as transportation. May be in the worker's vehicle or the vehicle of the person hiring the worker.

*Broome County Office for Aging: (607) 778-6105*

For additional information on transportation options for seniors, call the Broome County Office for Aging at (607) 778-2411.

## **Vision Assistance**

### **Association for Vision Rehabilitation & Employment (AVRE)**

AVRE provides a variety of services to seniors with age-related vision loss, including training in independent living skills, orientation and mobility, and using assistive devices. Offers support groups.

*Association for Vision Rehabilitation & Employment (AVRE): (607) 724-2428*

### **EyeCare America**

Provides access to eyecare from a nationwide network of volunteer ophthalmologists for those without a means to pay. Seniors who are US citizens or legal residents, 65 or older, and have not seen an ophthalmologist within the last three years are eligible to receive a comprehensive medical eye examination and treatment for up to one year. Ophthalmologist's fees are covered; however, eyeglasses, prescriptions, hospital services and fees of other medical professionals are not covered.

*EyeCare America (877) 887-6327*

### **Lions Club International**

Lions Clubs sponsor local sight conservation programs such as free eyecare screenings, an eyeglass recycling program, and access to corneal transplants and cataract surgeries. Other Lions Club programs provide accessibility support, such as white canes and guide dogs, as well as assistive technologies such as large-print texts, reading aids, voice-activated and talking devices, and Braille equipment. Contact information for local Lions Club representatives is available by calling First Call for Help at 2-1-1.

*Lions Club International, NY District 20-Y1 (630) 571-5466*

### **National Library Service for the Blind and Physically Handicapped**

Provides a free library service to people who are unable to use regular printed material because of visual impairment or a physical disability. NLS selects books and magazines for full-length publication in braille, e-braille, and audio. These reading materials are circulated to eligible borrowers throughout a network of cooperating regional libraries located throughout the United States. The materials and free playback equipment needed to read talking books and magazines are sent to borrowers and returned to libraries by postage-free mail.

*Library of Congress: (202) 707-5100*

### **Southern Tier Independence Center (STIC)**

Provides advocacy for those with vision impairment. Offers professional counseling, support groups, architectural barrier consultation, loan closet, sign language interpreter referral service, listening library, transportation, housing and employment assistance, braille, reader and scribe service. Also offers the Consumer Directed Personal Assistance (CDPA) program.

*Southern Tier Independence Center (STIC) (607) 724-2111*

# Volunteer Opportunities

## Action for Older Persons

Act as a counselor for HIICAP (Health Insurance Information Counseling and Assistance Program) or as an ombudsman for individuals in long term care.

*Action for Older Persons, Inc.: (607) 722-1251*

## American Red Cross – Southern Tier Chapter

Act as a greeter or help with intake information at blood drives. Assist with making phone calls and connecting people with services following a disaster.

*American Red Cross – Southern Tier Chapter:  
(607) 785-7207, press option 8*

## Broome County Dog Shelter

Assist with cleaning, laundry, or office support.

*Broome County Dog Shelter: (607) 778-2493*

## Broome County Humane Society

Assist with cleaning, laundry, or working in cat rooms.

*Broome County Humane Society: (607) 724-3709*

## Broome County Senior Centers and Adult Day Programs

See page 1 and pages 20-21.

## Cornell Cooperative Extension of Broome County

Participate in master gardener or master composter programs; act as a garden assistant or 4-H assistant.

*Cornell Cooperative Extension of Broome County:  
(607) 772-8953*

## Discovery Center of the Southern Tier

Help with children's activities and events, such as scavenger hunts, craft-making, and hand-on learning.

*Discovery Center of the Southern Tier: (607) 773-8661*

## Endicott Performing Arts Center (EPAC)

Support live theater events by helping with ushering, taking tickets, operating the concession stand, and other possible opportunities.

*Endicott Performing Arts Center (EPAC):  
(607) 785-8903*

## Faith in Action - Broome Co. Council of Churches

A variety of opportunities for those who want to help older adults remain active and independent. Services include medical transportation, grocery shopping and friendly visits.

*Faith in Action - Broome Co. Council of Churches:  
(607) 724-9130 ext 304*

## Getthere Mobility Management

This program, which is part of the Rural Health Network of South Central NY, seeks volunteer drivers to take individuals to medical appointments, shopping.

*Rural Health Network of South Central NY:  
(607) 692-7669*

## Kopernik Observatory & Science Center

Help at special events and programs, act as a docent by greeting visitors, giving tours, and answering questions, or assist in the gift shop.

*Kopernik Observatory & Science Center:  
(607) 748-3685 or email [info@kopernik.org](mailto:info@kopernik.org)*

## Lyceum Program

Opportunities to share an area of interest or expertise with others by giving a presentation or teaching a class. Serve on programming, long-range planning, or social committees, act as a classroom assistant or tech volunteer, are among the ways to get involved.

*Lyceum at Binghamton University: (607) 777-2587*

## Meals on Wheels of Broome County

(Covering Binghamton and eastern parts of Broome County) Opportunities for drivers and friendly visitors to deliver meals during lunchtime hours.

*Broome County Office for Aging: (607) 778-2411*

## Meals on Wheels of Western Broome

(Covering Johnson City, Vestal, and western parts of Broome County)

Opportunities for drivers and friendly visitors to deliver meals during lunchtime hours.

*Meals on Wheels of Western Broome: (607) 754-7856*



### **Mental Health Association of the Southern Tier**

Volunteer at events and special programs.

*Mental Health Association of the Southern Tier (MHASt): (607) 771-8888*

### **Phelps Mansion Museum**

Act as a docent, provide tours of the mansion, welcome visitors as a greeter, or assist with special events and programs.

*Phelps Mansion Museum: (607) 722-4873*

### **Retired & Senior Volunteer Program (RSVP) of Broome County**

This program which operates through AmeriCorps Seniors matches volunteers aged 55 and older with volunteer opportunities in the community.

*RSVP of Broome County: (607) 729-9166*

### **Roberson Museum & Science Center**

Assist with special events, exhibit openings, providing tours, mailings, and other possible areas.

*Roberson Museum & Science Center: (607) 772-0660*

### **Ross Park Zoo**

Opportunities include giving animal exhibit tours/highlights to visitors, helping with school groups, and providing help on the zoo grounds. New training programs are being launched for volunteers and all materials will be provided.

*Ross Park Zoo: (607) 724-5461*

### **YWCA Binghamton and Broome County**

Assist with special events or volunteer for a set number of hours on a weekly basis.

*YWCA Binghamton and Broome County: (607) 772-0340*

### **United Way of Broome County**

Broome County's volunteer headquarters.

*United Way of Broome County: (607) 240-2000*

## **Wellness & Fitness**

### **Office for Aging Health & Wellness Exercise Options**

To explore Health & Wellness Exercise classes review the most current edition of the Senior News. Available classes may include classes held in person at local senior centers or offered online through Zoom. If you do not have a computer and/or the Internet, a phone number will be provided so that you may call into classes offered through Zoom. Advanced registration is required for most classes. To obtain more information and sign up, please call **(607) 778-2411**

**Chair Exercises** that are a low-impact way for you to burn calories and move your joints and muscles. You can remain seated in a comfortable chair during this program.

**Bingocize®** is a 10-week health promotion program that combines the game of bingo with fall prevention exercise.

**Tai Chi** for beginners is an 8-week evidence-based program. That features Sun-style Tai Chi movements, developed by Dr. Paul Lam. This program has been proven to prevent Falls, and is particularly beneficial to those with Arthritis.

### **Broome County Office for Aging**

Offers a variety of wellness education programs which cover topics ranging from proper nutrition and exercise to overall well-being. Offers special events with other community organizations.

*Broome County Office for Aging: (607) 778-2411*

# Be a Classroom Grandparent and get paid!



**AmeriCorps  
Seniors**



- Earn \$3.15 per hour plus mileage which does not affect rent, HEAP, SNAP or eligibility for other income-based benefits.
- Receive a meal each day at your volunteer site, paid time off and travel reimbursement.
- Volunteer 5 to 40 hours a week in an elementary school or early education program.
- Make a difference in the life of a child.
- Help children to learn. Be their mentor, friend, and role model.
- No experience required. Training provided.
- Must be age 55 or over and income eligible to apply.

**Join the Foster Grandparent Program!  
Call: (607) 778-2089**

# NOTES:



## **PREVENTIVE & SCREENING SERVICES COVERED BY MEDICARE PART B**

Preventive care is care you receive to prevent illness, detect medical conditions, and keep you healthy. Medicare Part B covers many preventive services, such as screenings, vaccines, and counseling. If you meet the eligibility requirements and guidelines for a preventive service, you must be allowed to receive the service.

- Abdominal aortic aneurysm screening
  - Alcohol misuse screenings & counseling
  - Bone mass measurements (bone density)
  - Cardiovascular disease screenings
  - Cardiovascular disease (behavioral therapy)
  - Cervical & vaginal cancer screening
  - Colorectal cancer screenings
  - Multi-target stool DNA tests
    - Screening barium enemas
    - Screening colonoscopies
    - Screening fecal occult blood tests
    - Screening flexible sigmoidoscopies
  - Depression screenings
  - Diabetes screenings
  - Diabetes self-management training
  - Flu shots
  - Glaucoma tests
  - Hepatitis B shots
  - Hepatitis B Virus (HBV) infection screening
  - Hepatitis C screening test
  - HIV screening
  - Lung cancer screening
  - Mammograms (screening)
  - Nutrition therapy services
  - Obesity screenings & counseling
  - One-time "Welcome to Medicare" preventive visit
  - Pneumococcal shots
  - Prostate cancer screenings
  - Sexually transmitted infections screening & counseling
- Shots:**
- COVID-19 vaccines
  - Flu shots
  - Hepatitis B shots
  - Pneumococcal shots
  - Tobacco use cessation counseling
  - Yearly "Wellness" visit

For more information on Medicare Preventative Services, please contact Action for Older Persons at 607-722-1251

## Section Two: HOME HEALTH CARE INFORMATION

### Introduction

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This section was originally developed by the Coalition of Home Health Care of Broome and Tioga Counties.

**For information on agencies that provide the following services see the chart on page 37-38.**

A glossary of most frequently-provided services is followed by descriptions of different types of programs and agencies.

**Long-Term Care (LTC)** refers to care required by some children and adults with disabilities that can range from help with household tasks to skilled nursing services and can be delivered in a variety of care settings, including home, adult home, and nursing facilities.

**Acute care** is care required by a client/patient for a short period, usually until an underlying condition is resolved. Acute care is delivered in a variety of settings, including home, hospitals, and nursing facilities.

The agencies listed strive to keep a person at home by offering services that supplement those provided by family members and friends to meet both acute and long-term care needs.

This section also lists providers along with their classifications and services. Durable Medical Equipment and Home Health Care vendors and services appear in other sections of this guide. Pages 36-38

Every effort has been made to ensure the information included is accurate and up-to-date. However, information of this nature may change periodically. Inclusion in the directory does not constitute endorsement by Action for Older Persons, Inc. or The Broome County Office for Aging. Please contact the agency directly, or call Broome County NY Connects at **(607) 778-2278** or **1-800-342-9871** for the most timely and detailed information.

### Glossary

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**Companion Aide:** Provides companionship for a client/patient and assistance with tasks such as homemaking, meal planning and preparation, shopping, and transportation.

**Home Health Aide:** Paraprofessional caregivers through New York State-approved programs provide hands-on personal care, expanded health-related tasks when trained and supervised by a Registered Nurse, and light homemaking tasks.

**Home Health Care Case Management:** Coordination of a client/patient's health care services to ensure appropriate, quality care as their health care and social needs change.

**Home Health Care Information & Referral:** Service to answer questions and guide the client/patient to appropriate services.

**Homemaker:** Assists with domestic tasks such as light housekeeping, laundry, shopping, and meal preparation.

**Infusion Therapy:** Intravenous medication administration, for therapeutic purposes. Infusion therapy may include administration of antibiotics, hyperalimentation, chemotherapy, pain control medicines, hydration fluids, and selected blood products.

**Licensed Practical Nurse (LPN):** Provides a broad range of nursing services, including administration of prescription medicines, insulin injections, and monitoring of vital signs.

**Master Social Work (MSW):** This licensed professional assesses the social and emotional factors impeding the client/patient's ability to cope with problems of daily living. Counsels and assists clients/patients and their families to understand and follow a medical treatment plan. Provides services to restore optimum health and social adjustment.

**Medicare Direct Billing:** Some programs specialize in accessing and locating services for Medicare and Medicaid recipients. Some home health care agencies, referred to as Certified Home Health Agencies (CHHA) are certified to bill Medicare directly for services. Some may also accept payment from Medicaid.

**Nutrition Education:** Provides nutritional services to the client/patient as prescribed by their physician, including nutrition assessment and counseling to meet normal and therapeutic needs.

**Occupational Therapy (OT):** Performs diagnostic tests, measurements and evaluations such as mobility of joints, strength and endurance of muscles. Initiates and applies appropriate preventive, therapeutic, and rehabilitative occupational therapy procedures and techniques.

**Personal Care Aide (PCA):** Trained paraprofessionals assist sick or disabled individuals with personal care and homemaking tasks.

**Physical Therapy (PT):** Performs diagnostic tests and evaluations such as joint mobility, stability and appearance of walking, strength and muscle endurance.

**Registered Nurse (RN):** Performs all nursing functions, including the most highly technical procedures, such as caring for clients/patients on ventilators or providing home infusion therapy. Performs client/patient assessments, initiates nursing services, and makes appropriate referrals. Takes the role of a case manager in a certified agency.

**Respiratory Therapy (RT):** Employs specific testing techniques to assist in diagnosis, monitoring, and treatment of those with respiratory problems. Provides respiratory rehabilitation, appropriate instruction, and supportive counseling for the client/patient and family until the optimum level of recovery is achieved.

**Shopper Service:** Agency workers visit a client/patient's home to help prepare a grocery list. Shopper visits the grocery store and returns all purchases to the client/patient's residence. Some assistance is available to help put items away. Arrangements can be made regarding handling of client/patient money, food stamps or checks, payment of utility bills, prescriptions, and other banking needs.

**Sleepover:** Services provided overnight in an eight-hour or longer shift while the client or family sleeps.

**Speech Therapy:** Assesses and evaluates client/patient's needs for speech, language, and/or audiology services. Applies appropriate preventive, therapeutic, and rehabilitative procedures and techniques.

**Twenty-Four-Hour Care:** Services can be provided or arranged for "around-the-clock."

**Twenty-Four-Hour On-Call:** Availability of staff 24 hours a day, 7 days a week, to screen calls and coordinate or provide services as necessary.

## **Program Descriptions**

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**AIDS Home Care Program (AHCP):** A program which offers a coordinated plan of care and an expanded array of home services for persons with AIDS or HIV-related illness in order to maintain them in their homes or in a community setting. In addition to traditional home care services such as nursing and therapies, the AHCP can also arrange or provide for home-delivered meals, emergency call systems, social day care, social transportation, moving assistance, and home improvements. AHCP is coordinated by Ideal Home Care, a division of Ideal Senior Living Center.

*Ideal Home Care: (607) 786-7406*

**Expanded In-Home Services for the Elderly Program (EISEP):** EISEP is a community-based, non-medical program sponsored by the Broome County Office for Aging. It provides ongoing case management and home care services to older adults, incorporating a cost-sharing feature based on a client's income and housing expenses. A comprehensive independent assessment by a case manager will determine the client's need and ability to pay. Any Broome County resident aged 60 or over who is experiencing difficulty with activities of daily living (dressing, bathing, meal preparation, eating, shopping, laundry, or housework) is eligible.

*Broome County Office for Aging: (607) 778-2411*

**Lourdes Hospice:** Hospice is primarily a home care program which offers care for terminally ill clients/patients in their residences or in a nursing home. Hospice supports the family in caring for and enabling the client/patient to live at home for as long as possible. When additional care is needed, the Hospice Inpatient Program can provide relief for the client/patient and family in the hospital who elect noncurative care. In New York State, this program covers all of Broome and Tioga counties, as well as parts of Chenango and Delaware counties. In Pennsylvania, it covers part of Susquehanna county. The program aims to improve the quality of life of the client/patient and family by providing physical comfort, pain management, and emotional/spiritual support. Hospice also provides social work support, medical consultation, medication management, bereavement, and pastoral care. The Hospice accepts Medicare and Medicaid, as well as many other insurance plans. If necessary, Hospice will assist with financial planning.

*Lourdes Hospice: (607) 798-5692*

**VA Home-Based Primary Care (HBPC):** Offers primary health care in the home. A team of VA HBPC providers (including Nurse Practitioners, RNs, Social Workers, Rehabilitation Therapists, and Dieticians) visit the veteran and caregiver in the home. Services include complete history and physical exam, laboratory tests, EKG, home oxygen monitoring, ongoing medical care, educating the veteran and the caregiver about diet, exercise, medications and community resources, as well as palliative care, when indicated. The VA Pharmacy provides medications (mailed to the home) and supplies. Home equipment and adaptive devices may also be ordered to support the veteran's independence in the home. The goals of VA HBPC are to assist the veteran and caregiver to avoid hospitalizations and to prevent premature nursing home placement.

*Binghamton VA Outpatient Clinic: (607) 772-9100*

## **Agency Descriptions**

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### **Broome County Community Alternative Systems**

**Agency (CASA):** CASA provides case assessment and referral as an area-wide service for all Long-Term Care Facilities in Broome County. If you are considering long-term care in a facility for yourself or a loved one, requesting a free, in-home assessment by CASA is an important first step to help you determine the appropriate level of care. CASA Nurses may complete the PRI & Screen for Skilled Nursing Facility Placement. CASA Nurses may also assess clients in facilities who wish to return to the community.

*CASA: (607) 778-2420 x 2.*

**Certified Home Health Agency (CHHA):** A home care agency certified by New York State to comply with Medicare regulations and bill Medicare directly for services provided. A CHHA provides home care and support to those with short-term, intermittent, skilled health care needs, and can arrange for medical supplies, equipment, and appliances. Traditional home care services provided, including skilled nursing, physical, occupational and speech therapies, medical social services, and home health aides. Payment also accepted from third-party payers (Medicaid, private insurers).

### **Licensed Home Care Service Agency (LHCSA):**

LHCSAs provide a wide range of services, from companion aides to skilled nursing, the most common being personal care and home health aide services. Payment may be accepted from private pay or from third-party payers such as HMOs or other private insurers.

## Section Three: LONG-TERM CARE

### LONG TERM CARE OPTIONS

Many long-term care services are available for elders. It is important to understand the various levels of care associated with providing such services. When a person must decide the best arrangements for meeting personal and health care needs, the following options are available:

**For information on facilities that provide the different levels of care described below see chart on page 39 & 40.**

**Independent Living:** Affiliated with long-term care facilities, these apartments are available for well elderly and are handicap accessible. Safety devices are frequently provided – such as grab bars, emergency call bells. Residents care for themselves and the apartment.

**Home Health Care Services:** Services range from personal care assistance to nursing services to physical therapy. Services are provided in the home by qualified home health care agencies and staff. Some long-term care facilities offer home health care services to their residents and some also make these services available to community residents.

**Adult Care Facilities:** This level of care is intended for people who need 24-hour supervision. These facilities offer long-term, supportive residential care, including a private or semi-private room, all meals and snacks, housekeeping, laundry, assistance with self-administration of medications, personal care assistance, case management services, and structured activities. Adult Care may be paid for privately or in some cases by Social Security Income (SSI).

**Enriched Housing Program:** Provides long-term residential care to adults, including an individual apartment, some meals, housekeeping, laundry, some supervision, assistance with self-administration of medications, personal care assistance, case management services, and structure activity programs.

**Assisted Living Residence:** Specifically designed by law as an entity that provides or arranges for housing, onsite monitoring, and personal care and/or home care services

in a home-like setting for five or more adults. Daily food services, 24-hour onsite monitoring, case management services, and the development of an individualized service plan for each resident are included. Residents must be continent or able to manage incontinence independently. Must be able to walk and transfer out of bed or a chair independently.

**Assisted Living Program:** This program is an alternative to nursing home care, allowing individuals that would otherwise relocate to a nursing home to instead receive home care services in an Adult Care Facility or Enriched Housing Program. This is a Medicaid-certified program with a limited number of Medicaid beds available in each region. Resident must be continent or able to manage incontinence independently, must be able to walk independently, cannot be receiving hospice care and can keep their own Primary Care doctor.

**Enhanced Assisted Living Residence:** This long-term care option offers more specialized services and more intense supervision than are available in Adult Care Facilities, Enriched Housing Programs, and Assisted Living Residences. Individuals may receive assistance with management of incontinence, walking, or transferring. Hospice services can be provided in this setting. Residents can only receive 24-hour care if (1) the resident hires the necessary staff, (2) the resident's physician and home care agency decided the care can be safely delivered in the setting, (3) the facility provides or arranges services, and (4) the resident agrees with the plan.

**Special Needs Assisted Living Residence:** This certification allows Assisted Living Residences to offer more specialized services and more intense supervision to individuals with advanced stages of Alzheimer's and dementia. With the tendency to wander, less ability to receive direction, and requiring more frequent cueing and one-on-one assistance, people with Alzheimer's or dementia can be kept safe and healthy in this long-term care setting.



**Skilled Nursing Facility:** These facilities provide 24-hour medical care. A variety of professional and licensed staff assures that each person's needs are met. Care is planned using input from residents, family, physicians, and facility staff. Care can be provided on a long-term or short-term basis, depending on the client's needs.

**Dementia Units:** Units are tailored to residents with memory-related problems including Alzheimer's and dementia. These units offer specialized programming, staffing patterns, and safety features.

**Rehabilitation Units:** Units are tailored to residents with short-term rehabilitation needs. The goal is to help a person return to her/his level of functioning prior to an illness, injury, or surgery. The type of care and length of stay are tailored to the person's individual needs. Medicare may pay for this type of care for up to 100 days.

**Continuing Care Retirement Community:** Residential campuses that provide a continuum of care from independent living to assisted living and skilled nursing care, all in one location. These communities are designed to offer active seniors with an independent lifestyle the privacy of their "own home" with health-related services available if necessary. The emphasis of these communities is to enable residents to "age in place" and avoid having to move to another location if their needs change.

**Respite Care:** Provides temporary supportive care in a nursing or adult care facility for those who normally live in the community, but whose caregivers need temporary relief. For more information on respite care options, contact **Broome County NY Connects at (607) 778-2278 or toll-free at 1-800-342-9871.**

## Section Four: MEDICAL EQUIPMENT SUPPLIERS

### Loan Closets

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Loan closets lend equipment for home use, including: electric beds, hospital beds, bed trays, tables or footstools, commodes, bedpans, urinals, canes, crutches, wheelchairs, walkers, invalid rings, hydraulic lifts, roll-away beds, air mattresses, foot cradles, side rails, foam pads, trapezes, toilet seat raisers, bathtub/shower chairs, pillow rests, hearing loss equipment such as TTYs, closed captioners, and flashers. May provide information on adaptive equipment devices or assistance building wheelchair ramps.

#### Southern Tier Independence Center Loan Closet

Lends equipment for home use up to one month. Items may include walkers, wheelchairs, commodes, raised toilets, etc. Lends equipment for deaf people including TTY's, closed captioners, flashers, baby monitors, etc. Borrower picks up item and returns it. Refundable deposit for some items. Call for more information.

*Southern Tier Independence Center (STIC)*  
**(607) 724-2111**

### Durable Medical Equipment

Durable Medical Equipment (DME) includes wheelchairs, oxygen equipment, hospital beds, lift chairs, and other such items vital in promoting one's independence. With a physician's prescription, some equipment may be covered by Medicare or private-pay insurance. Smaller assistive devices—walker trays, comb extenders, jar openers, reachers, etc.—help promote independence, but are often not covered by insurance.

Accepts Assignment / "Participating" Suppliers: Some medical equipment suppliers accept the Medicare-approved amount as payment in full for medical

equipment purchases. Some of these suppliers are included in this section. These suppliers are indicated as Medicare Participating Suppliers. Other local medical equipment suppliers may opt to accept the Medicare-approved amount for all qualifying items, or only some of them. Before considering a purchase, whether from a "participating" or "non-participating" supplier, be sure to ask if the supplier will accept the Medicare-approved amount as full payment and will handle submitting the appropriate paperwork prior to committing to the sale.

**For information on Durable Medical Equipment providers see chart on Page 36.**

Durable Medical Equipment Providers	CPPAP, RAAd & Oxygen Equipment	Diabetic Shoes	Hospital Beds	Ostomy Supplies	Power Operated Vehicles (scooters)	Manual Wheelchairs	Power Wheelchairs	Seat Lift Mechanism Sit to Stand	Walkers
AdaptHealth New York 1155 Front Street Binghamton 607-724-0115	X	X	X	X		X		X	X
UHS Home Care 601 Riverside Dr. Johnson City, NY 607-763-5600	X		X	X	X	X		X	X
Apria Healthcare 3116 Watson Blvd. Endwell, NY 607-754-3511	X								X
Lincare 408 Commerce Rd Vestal, NY 607-239-6374	X		X	X	X		X		X
Hanger Prosthetic & Orthotics 635 Main St. Johnson City, NY 607-797-1246		X							
Penn York Medical Supplies 69 Main St. Binghamton, NY 607-773-3622	X		X		X	X	X	X	X
Medical Services Company 235 S. Catherine S. Montour Falls, NY 607-535-8949	X		X			X			
National Seating & Mobility 117 N. Keystone Ave. Sayre PA 570-882-7436						X	X	X	
Rehab Supply 17 Charles St. Suite 1 Binghamton, NY 607-584-5560						X			X

# HOME HEALTH CARE AGENCIES:

If you are interested in exploring what programs might be available to assist with the cost of home health care, please contact Broome County NY Connects at 607-778-2278

		Medicare Direct Billing	24 Hour on Call	24 Hour Care	Case Management	Social Worker	Home Maker
<b>All Metro Health Care</b>	<b>607-777-9891</b>		X	X			X
<b>Around the Clock Homecare</b>	<b>607-746-7455</b>		X	X			X
<b>CareGivers</b>	<b>607-770-1125</b>		X	X	X	X	X
<b>Compassionate Care</b>	<b>607-757-2550</b>		X	X	X	X	X
<b>Home Instead Senior Care</b>	<b>607-723-3600</b>		X	X			X
<b>Interim HealthCare</b>	<b>607-722-6461</b>		X	X	X		X
<b>Lourdes at Home</b>	<b>607-772-1598</b>	X	X		X	X	X
<b>Seniors Helping Seniors</b>	<b>607-398-0188</b>		X	X	X		X
<b>Staffkings</b>	<b>607-772-8080</b>		X	X	X		X
<b>UHS Home Care / Twin Tier</b>	<b>607-763-8946</b>	X	X		X	X	X
<b>United Methodist at Home</b>	<b>607-775-6410</b>						
<b>Wood Private Home Care</b>	<b>607-725-6625</b>		X	X			X
<b>VA Medical Center</b>	<b>800-792-4334</b>				X	X	

\*For complete agency contact information please see the agency directory at the end of the service guide

<b>Shopper Service</b>	<b>Companion Aide</b>	<b>Home Health Aid</b>	<b>Licensed Practical Nurse</b>	<b>Registered Nurse</b>	<b>Nutrition Education</b>	<b>Infusion Therapy</b>	<b>Respiratory Therapy</b>	<b>Occupational Therapy</b>	<b>Physical Therapy</b>	<b>Speech Therapy</b>
X	X	X		X						
X	X		X	X						
	X	X		X						
X	X	X		X						
X	X									
X	X	X	X	X						
X		X		X	X	X	X	X	X	X
X	X									
X	X	X	X	X						
X		X	X	X	X	X		X	X	X
X	X	X						X	X	X
			X	X	X			X	X	

# LONG TERM CARE FACILITIES:

If you are interested in exploring these options further as well as discussing costs and payment options, please contact Broome County NY Connects at 607-778-2278

		Independent Living	Adult Care Facility
<b>Absolut Care of Endicott</b>	<b>607-754-2705</b>		
<b>Bridgewater Center for Rehabilitation and Nursing</b>	<b>607-722-7225</b>		
<b>Brookdale Vestal East</b>	<b>607-249-5028</b>		<b>X</b>
<b>Elderwood Village at Vestal</b>	<b>607-722-3422</b>		
<b>Garden House</b>	<b>607-724-5763</b>		<b>X</b>
<b>Good Shepherd Fairview Home &amp; Apartments</b>	<b>607-724-2477</b>	<b>X</b>	
<b>Good Shepherd Village</b>	<b>607-757-3102</b>	<b>X</b>	
<b>Metro Interfaith Housing Program</b>	<b>607-772-6766</b>		
<b>New York State Veterans Home at Oxford</b>	<b>607-843-3100</b>		
<b>Susquehanna Nursing &amp; Rehabilitation Center</b>	<b>607-729-9206</b>	<b>X</b>	
<b>The Hearth at Castle Gardens</b>	<b>607-341-7017</b>	<b>X</b>	<b>X</b>
<b>UHS Senior Living at Ideal</b>	<b>607-786-7300</b>	<b>X</b>	<b>X</b>
<b>United Methodist Homes – Elizabeth Church</b>	<b>607-722-3463</b>	<b>X</b>	<b>X</b>
<b>United Methodist Homes – Hilltop Campus</b>	<b>607-798-7818</b>	<b>X</b>	
<b>Vestal Park Rehabilitation Nursing Center Campus</b>	<b>607-754-4105</b>		
<b>Willow Point Nursing Home</b>	<b>607-763-4400</b>		

\*For complete agency contact information please see the agency directory at the end of the service guide

\*For descriptions of the different levels of care mentioned in the above chart, please see page 33

<b>Enriched Housing Program</b>	<b>Assisted Living Residence</b>	<b>Skilled Nursing Facility</b>	<b>Rehabilitation</b>	<b>Assisted Living Program</b>	<b>Enhanced Assisted Living Residence</b>	<b>Special Needs Assisted Living Residence</b>	<b>Designated Dementia Units</b>
		X	X				X
		X	X				X
	X				X	X	X
	X	X	X	X	X		X
	X	X	X		X	X	X
X							
		X					
		X	X				
X							
		X	X	X			
		X	X	X			
	X	X	X	X	X	X	X
		X	X	X			
		X	X				



**Senior Apartment Housing List - Abbreviated Version**

This list contains private Broome County housing options for seniors and those with disabilities. Please call individual buildings for applications, income limits and more information. Those marked with \* symbol refer to subsidized independent living options. Those marked with Δ symbol refer to the Enriched Housing Option that can provide additional services such as housekeeping to eligible individuals.

Updated March 2022

<i>Location</i>	<i>Senior Housing Name &amp; Address</i>	<i>See Key Above</i>	<i>Age Restrictions</i>	<i>Phone number</i>
Binghamton	<b>100 Chenango Street</b>	*	62 or older, any age with a disability	607-723-5479
Binghamton	<b>Binghamton Gateway Apartments</b>	*	Low income individuals of any age	607-772-2850
Binghamton	<b>Canal Plaza Apartments</b>	*	Low income individuals and families	607-723-9491
Binghamton	<b>Carlisle Apartments</b> 150 Moeller Street	*	Individuals or couples 18 and older	607-723-9491
Binghamton	<b>Crandall Hall Apartments</b> 2 Crandall Street		18 or older	347-658-4489
Binghamton	<b>Crandall Street Housing</b> Crandall Street		Low income of any age	607-772-2850
Binghamton	<b>East Hills Senior Housing</b> 50 East Clapham Street	*	55 or older any age with a disability	607-723-1863
Binghamton	<b>E.J. Apartments</b> 305 Clinton Street		55 or older	607-772-2850
Binghamton	<b>First Ward Action Council Housing Program</b> 167 Clinton Street	*	Low-income seniors, families, those with a disability	607-772-2850
Binghamton	<b>Good Shepherd Fairview Home</b> 80 Fairview Ave		62 or older	607-724-2477
Binghamton	<b>Hamilton House Apartments</b> 16 St. John Avenue	*	55 or older	607-724-6102
Binghamton	<b>Henry Apartments</b> 94 Henry Street	*Δ	Low-income seniors and any age with a disability	607-772-6766
Binghamton	<b>Historic Dwightville Gateway Apartments</b> 235, 236, 244, 256 Front Street; 81 Clinton Street	*	Low-income families and individuals	607-772-2850
Binghamton	<b>Lincoln Court Apartments</b> 21 New Street	*Δ	62 or older, any age with a disability	607-772-6766
Binghamton	<b>Metro Interfaith Housing Management Corporation</b> Variety of locations – call for info	*Δ	Low-income seniors and any age with a disability	607-772-6766
Binghamton	<b>Metro Plaza Apartments</b> 110 Chenango Place	*Δ	62 or older, any age with a disability	607-772-6368
Binghamton	<b>North Shore Towers &amp; Village</b> 14 & 24 Isbell St; 45 Exchange St	*Δ	62 or older, any age with a disability	607-723-9491



<i>Location</i>	<i>Senior Housing Name &amp; Address</i>	<i>See Key Above</i>	<i>Age Restrictions</i>	<i>Phone number</i>
Binghamton	<b>Saratoga Apartments</b> Felters road	*	Individuals or couples, 18 and older	607-723-9491
Binghamton	<b>Schoolhouse Apartments</b> 144-146 Clinton Street	*	55 or older with low income	607-772-2850
Binghamton	<b>Stratmill Brook Apartments</b> 104 Victoria Drive		55 or older	607-775-3421
Binghamton	<b>UMH - Manor House</b> 3 Manor Drive		65 or older	607-729-2305
Binghamton	<b>UMH - St. Louise Manor</b> 861 Front Street		65 or older	607-729-2305
Binghamton	<b>Woodburn Court I</b> 21-23 Exchange Street	*	62 or older	607-723-7875
Kirkwood	<b>Valley View Apartments</b> 26 South Woodhill Ave	*	62 or older, any age with a disability	607-775-1656
Conklin	<b>Conklin Senior Housing</b> 1095 Conklin Road		62 or older, any age with a disability	607-775-1490
Deposit	<b>Meadow Park Apartments</b> 85 Fair Street	*	62 or older, any age with a disability	607-235-0722
Endicott	<b>Cardinal Cove</b> 397 Glendale Ave		Low income of any age	607-239-4308
Endicott	<b>Carolyn Arms Apartments</b> 405-407 West Main Street		Individuals and families	607-754-7979
Endicott	<b>Endicott Square</b> 23 Jackson Avenue		Individuals and families, less than 90% Areas Median Income	607-757-2549
Endwell	<b>Good Shepherd Village</b> 32 Village Drive		62 or older	607-484-6104
Endicott	<b>Graydon Apartments</b> 307 East Main Street		Individuals and families	
Endicott	<b>Ideal Senior Living Center</b> 508 High Ave		62 or older	607-786-7440
Endicott	<b>Skye View Apartments</b> 505 E Franklin St		55 or older	607-238-4844
Endwell	<b>Marian Apartments</b> 701 Hooper Road	*	62 or older, any age with a disability	607-785-5223
Endicott	<b>Nichols Notch Apartments</b> 301-401 Hayes Ave	*	55 or older	607-754-0579
Harpursville	<b>Norma Gardens</b> NYS Route 79	*	18 or older	607-334-3867
Johnson City	<b>Century Sunrise Apartments</b> 135-139 Baldwin Street		18 or older	607-296-4049
Johnson City	<b>Fairmont Park Apartments</b> 12a Oak Street		Individuals and families	607-785-0744
Johnson City	<b>Harry L. Apartments</b> 235 Harry L. Drive	*	55 or older	607-217-7332
Johnson City	<b>Reynolds Pointe Senior Apartments</b> 1035 Anna Maria Drive		55 or older	607-237-0460

<i>Location</i>	<i>Senior Housing Name &amp; Address</i>	<i>See Key Above</i>	<i>Age Restrictions</i>	<i>Phone number</i>
Johnson City	<b>UMH - Hilltop Campus</b> 286 Deyo Hill Rd.		65 or older	607-729-2305
Johnson City	<b>Wells Apartments</b> 299 Floral Avenue	*	62 or older	607-797-8862
Vestal	<b>The Hearth at Castle Gardens</b> 1715 Castle Gardens Road	Δ	55 or older	607-748-5700
Vestal	<b>Vestal Pines Apartments</b> 2030 NYS Route 26	*	Low-Income Seniors 55 and older	607-772-2850
Whitney Point	<b>Whitney Point Apartments</b> 10 Strongs Place	*	62 or older, any age with a disability	607-692-2609
Windsor	<b>Windsor Woods</b> 49 Grove Street	*	62 or older, any age with a disability	607-655-4191

## Section Five: AGENCY CONTACT INFORMATION

### A

#### **AARP, Inc.**

601 East St. NW  
Washington, DC 20004  
Phone: (888) 227-7669  
[www.aarp.org](http://www.aarp.org)

#### **AARP Driver Safety**

5760 Fleet St., Suite 210  
Carlsbad, CA 92008  
Phone: (800) 350-7025  
[www.aarpdriversafety.org](http://www.aarpdriversafety.org)

#### **ABC Housing, Inc.**

100 Chenango St.  
Binghamton, NY 13901  
Phone: (607) 723-5479  
Fax: (607) 723-5470  
[www.crmrentalmgmt.com](http://www.crmrentalmgmt.com)

#### **Absolut Care of Endicott**

301 Nantucket Dr.  
Endicott, NY 13760  
Phone: (607) 754-2705  
[www.absolutcare.com/endicott](http://www.absolutcare.com/endicott)

#### **Access to Independence, Cortland**

26 N. Main St.  
Cortland, NY 13045  
Phone: (607) 753-7363  
(607) 756-4884  
[www.atcortland.org](http://www.atcortland.org)

#### **Accord**

350 State St.  
Binghamton, NY 13901  
Phone: (607) 724-5153  
Fax: (607) 724-0059  
[www.accordny.com](http://www.accordny.com)

#### **Action for Older Persons, Inc.**

200 Plaza Dr., Suite B  
Vestal, NY 13850  
Phone: (607) 722-1251  
Fax: (607) 722-1293  
[www.actionforolderpersons.org](http://www.actionforolderpersons.org)

#### **AdaptHealth New York**

1155 Front St.  
Binghamton, NY 13905  
Phone: (607) 724-0115

#### **Addiction Center of Broome County (ACBC)**

30 W. State St.  
Binghamton, NY 13901  
Phone: (607) 723-7308  
Fax: (607) 724-4626  
[www.addictionctofbroomecounty.org](http://www.addictionctofbroomecounty.org)

#### **Adult Career & Continuing Education Services (ACCES-VR)**

State Office Building, 7<sup>th</sup> Fl.  
44 Hawley St., # 705av  
Binghamton, NY 13901  
Phone: (607) 721-8400  
TTY: (607) 721-8408  
Fax: (607) 721-8390  
<http://www.acces.nysed.gov/vr/>

#### **Albany Medical Center**

218 Great Oaks Blvd.  
Albany, NY 12203  
Phone: (518) 262-5606  
(800) 756-7811  
Fax: (518) 262-5427  
[www.cdtny.org](http://www.cdtny.org)

#### **All Metro Health Care**

49 Court St., #255  
Binghamton, NY 13901  
Phone: (607) 777-9891  
[www.all-metro.com](http://www.all-metro.com)

#### **Alzheimer's Association, Central NY Chapter**

441 W Kirkpatrick St.  
Syracuse, NY 13204  
Phone: (315) 472-4201  
24/7 Helpline: (800) 272-3900  
[www.alz.org/centralnewyork](http://www.alz.org/centralnewyork)

#### **American Cancer Society**

Road to Recovery Program  
(800) 227-2345  
[www.cancer.org](http://www.cancer.org)

#### **American Civic Association**

131 Front St.  
Binghamton, NY 13905  
Phone: (607) 723-9149  
Fax: (607) 723-0023  
[www.americancivic.com](http://www.americancivic.com)

#### **American Diabetes Association**

6309 Fly Rd., 2<sup>nd</sup> Floor  
East Syracuse, NY 13057  
Phone: (800) 342-2383  
[www.diabetes.org](http://www.diabetes.org)

#### **American Heart Association**

2 Clinton Square, Suite 305  
Syracuse, NY 13202

PO Box 3049  
Syracuse, NY 13220  
Phone: (607) 341-8535  
[www.heart.org](http://www.heart.org)

#### **Southern Tier Stroke Support Group**

Vestal Library  
320 Vestal Parkway East  
Vestal, NY 13850  
Phone: (607) 754-3405

**American Kidney Fund**

11921 Rockville Pike, Suite 300  
Rockville, MD 20852  
Phone: (800) 638-8299  
Fax: (301) 881-3311  
[www.kidneyfund.org](http://www.kidneyfund.org)

**American Lung Association in NY**

418 Broadway, 1st Floor  
Albany, NY 12207  
Phone: (518) 465-2013  
(800) 586-4872  
Fax: (518) 465-2926  
[www.lung.org](http://www.lung.org)

**American Red Cross**

365 Harry L. Drive  
Johnson City, NY 13790  
Phone: (607) 785-7207  
[redcrossblood.org](http://redcrossblood.org)

**Apria Healthcare**

3116 Watson Blvd.  
Endwell, NY 13760  
Phone: (607) 754-3511  
[www.apria.com](http://www.apria.com)

**Around the Clock In-Home Care**

5580 Peakes Brook Rd.  
Delhi, NY 13753  
Phone: (607) 746-7455

**Arthritis Foundation, Upstate NY Chapter**

PO Box 126  
Fayetteville, NY 13066  
Phone: (315) 637-3568  
[www.arthritis.org/new-york](http://www.arthritis.org/new-york)

**Association for Vision Rehabilitation & Employment (AVRE)**

174 Court St.  
Binghamton, NY 13901  
Phone: (607) 724-2428  
Fax: (607) 771-8045  
[www.avreus.org](http://www.avreus.org)

**B****Binghamton Depression & Bipolar Support Group**

Unitarian Universalist Church  
183 Riverside Dr.  
Binghamton, NY 13905  
Phone: (607) 239-4624

**Binghamton Gateway Apartments**

Front Street, Binghamton, 13905  
Phone: (607) 772-2850

**Binghamton Housing Authority**

Phone: (607) 723-9491  
Fax: (607) 722-5031

**Binghamton University**

PO Box 6000  
Binghamton, NY 13902

**Elder Services Center, Decker School of Nursing**

Phone: (607) 777-6636  
Fax: (607) 777-4440  
[www.binghamton.edu/dson/research/elder\\_serv.html](http://www.binghamton.edu/dson/research/elder_serv.html)

**Psychological Clinic**

Phone: (607) 777-2103  
Fax: (607) 777-4733  
[www.binghamton.edu/psychological-clinic/index.html](http://www.binghamton.edu/psychological-clinic/index.html)

**Binghamton VA Community-Based Outpatient Clinic**

203 Court St.  
Binghamton, NY 13901  
Phone: (607) 772-9100  
Fax: (607) 772-3081  
[www.syracuse.va.gov/locations/Binghamton\\_Community\\_Based\\_Outpatient\\_Clinic.asp](http://www.syracuse.va.gov/locations/Binghamton_Community_Based_Outpatient_Clinic.asp)

**Binghamton Veterans Center**

53 Chenango St.  
Binghamton, NY 13901  
Phone: (607) 722-2393  
Fax: (607) 722-0143

**Bridgewater Center for Rehabilitation & Nursing**

159-163 Front St.  
Binghamton, NY 13905  
Phone: (607) 722-7225  
Fax: (607) 772-0061  
[www.bwrehab.com](http://www.bwrehab.com)

**Brookdale Vestal West**

421 Plaza Dr.  
Vestal, NY 13850  
Phone: (607) 249-5029  
(607) 771-1700  
[www.brookdale.com/en/communities/brookdale-vestal-west.html](http://www.brookdale.com/en/communities/brookdale-vestal-west.html)

**Broome County Affordable Dental Care Program**

PO Box 1766  
60 Hawley St.  
Binghamton, NY 13902-1766  
Phone: (800) 666-6690 x 505

**Broome County Arts Council**

81 State St., Suite 501  
Binghamton, NY 13901  
Phone: (607) 723-4620  
Fax: (607) 723-2232  
<https://broomearts.org/>

**Broome County Bar Association**

53 Chenango St., Suite 201  
Binghamton, NY 13901  
Phone: (607) 723-6331  
Fax: (607) 724-4085  
[www.barassociationdirectory.com/ny/broome-county-bar-association/](http://www.barassociationdirectory.com/ny/broome-county-bar-association/)

**Broome County Community Alternative Systems Agency (CASA)**

PO Box 1766  
60 Hawley St.  
Binghamton, NY 13902-1766  
Phone: (607) 778-2420 x 2  
Fax: (607) 778-2279  
[www.gobroomecounty.com/casa](http://www.gobroomecounty.com/casa)

**Broome County Council of Churches**  
3 Otseningo St.  
Binghamton, NY 13903  
Phone: (607) 724-9130  
[www.broomecouncil.net](http://www.broomecouncil.net)

**Faith in Action – Broome  
County Council of Churches**  
Phone: (607) 724-9130 ext 304

**Broome County Dental Society**  
4700 Vestal Parkway East, #282  
Vestal, NY 13850  
Phone: (607) 354-0943  
[www.broomecountydentalsociety.com](http://www.broomecountydentalsociety.com)

**Broome County  
Department of Social Services**  
36-42 Main St.  
Binghamton, NY 13905-3199  
Phone: (607) 778-1100  
(607) 778-8850  
[www.gobroomecounty.com/dss](http://www.gobroomecounty.com/dss)

**Adult Protective Services**  
Phone: (607) 778-2635  
Fax: (607) 778-3506

**Dental Case Management  
Program**  
Phone: (607) 778-2562

**Emergency Aid**  
Phone: (607) 778-8850 x 2504  
Fax: (607) 778-3700

**Eye Care Program**  
Phone: (607) 778-2738

**Housing Assistance**  
Phone: (607) 778-2504

**Broome County Dog Shelter**  
Cutler Pond Road  
Binghamton, NY 13905  
Phone: (607) 778-2493  
[www.gobroomecounty.com/shelter](http://www.gobroomecounty.com/shelter)

**Broome County Health Department**  
225 Front St.  
Binghamton, NY 13905  
Phone: (607) 778-3930  
Fax: (607) 778-2838  
[www.gobroomecounty.com/hd](http://www.gobroomecounty.com/hd)

**Broome County Humane Society**  
167 Conklin Ave  
Binghamton, NY 13903  
Phone: (607) 724-3709  
<https://bchumanesoc.com/>

**Broome County Library**  
185 Court Street  
Binghamton, NY 13901  
Phone: (607) 778-6400  
[www.bclibrary.info](http://www.bclibrary.info)

**Broome County Medical Society**  
65 Pennsylvania Ave., Suite 201  
Binghamton, NY 13903  
Phone: (607) 772-8493  
Fax: (607) 772-3307  
[www.medsocieties.org](http://www.medsocieties.org)

**Broome County Mental Health  
Department**  
229-231 State St.  
Binghamton, NY 13901  
Phone: (607) 778-1152  
Fax: (607) 778-1164  
[www.gobroomecounty.com/mh](http://www.gobroomecounty.com/mh)

**Broome County NY Connects**  
PO Box 1766  
60 Hawley St.  
Binghamton, NY 13902-1766  
Phone: (607) 778-2278  
(800) 342-9871  
[www.gobroomecounty.com/senior/  
NYConnects](http://www.gobroomecounty.com/senior/NYConnects)

**Broome County Office for Aging**  
PO Box 1766  
60 Hawley St.  
Binghamton, NY 13902-1766  
Phone: (607) 778-2411  
Fax: (607) 778-2316  
[www.gobroomecounty.com/senior](http://www.gobroomecounty.com/senior)

**Foster Grandparent Program**  
Phone: (607) 778-2089

**Meals on Wheels**  
83 Main Street  
Binghamton, NY 13905  
Phone: (607) 778-6206

**Senior Helpers Program**  
Phone: (607) 778-6105

**Broome County Transit**  
413 Old Mill Rd.  
Vestal, NY 13850  
Phone: (607) 763-4464

**BC Country**  
Application information, call  
Broome County Office for Aging:  
(607) 778-2411  
Ride reservations:  
(607) 763-8747 x 3

**BC Lift**  
Application information, call  
Broome County Office for Aging:  
(607) 778-2411  
Ride reservations:  
(607) 763-8747 x 1

**Office for Aging Mini-Bus**  
Application information, call  
Broome County Office for Aging:  
(607) 778-2411  
Ride reservations:  
(607) 763-8747 x 2

**Broome County Urban League**

88 Main St.  
 Binghamton, NY 13901  
 Phone: (607) 723-7303  
 Fax: (607) 723-5827  
[www.bcul.org](http://www.bcul.org)

**Broome County Attain Lab**

47 North Street  
 Binghamton, NY 13905  
 Phone: (607) 772-4765

**Broome County Veterans Service Agency**

PO Box 1766  
 60 Hawley St.  
 Binghamton, NY 13902  
 Phone: (607) 778-2147  
 Fax: (607) 778-2148  
[www.gobroomecounty.com/veterans](http://www.gobroomecounty.com/veterans)

**Broome-Tioga Board of Cooperative Educational Services (BOCES)**

435 Glenwood Rd.  
 Binghamton, NY 13905  
 Phone: (607) 763-3300  
 Fax: (607) 763-3213  
[www.btbooces.org](http://www.btbooces.org)

**Broome-Tioga Workforce Development System**

[www.broometiogaworks.com](http://www.broometiogaworks.com)

**Broome County Workforce NY Center**

501 Reynolds Rd.  
 Johnson City, NY 13790  
 Phone: (607) 778-2136  
 Fax: (607) 778-2231

**Tioga County Workforce NY Center**

Health & Human Services Building  
 1062 State Route 38  
 Owego, NY 13827  
 Phone: (607) 687-8500  
 (877) 882-8313, x8500  
 Fax: (607) 687-7759

**Broome West Senior Center**

2801 Wayne St.  
 Endwell, NY 13760  
 Phone: (607) 785-3427  
 Meal Reservations: (607) 785-1777  
 Fax: (607) 785-3427  
[www.gobroomecounty.com/senior/scc](http://www.gobroomecounty.com/senior/scc)

**C****Canal Plaza Apartments**

435 State Street  
 Phone: (607) 723-9491

**Cardinal Cove**

397 Glendale Ave.  
 Endicott, NY 13760  
 Phone: (607) 238-4308

**CareGivers**

260 Harry L Dr.  
 Johnson City, NY 13790  
 Phone: (607) 770-1125  
[www.caregivershomecare.com](http://www.caregivershomecare.com)

**Carlisle Apartments**

150 Moeller St.  
 Binghamton, NY 13904  
 Phone: (607) 723-9491

**Carolyn Arms Apartments**

405-407 West Main Street  
 Endicott, NY 13760  
 Phone: (607) 754-7979

**Catholic Charities of Broome County**

232 Main St.  
 Binghamton, NY 13905  
 Phone: (607) 729-9166  
 Fax: (607) 584-4667

**Advocacy for Mental Health**

Phone: (607) 773-3205

**Food Pantry**

100 Main St.  
 Binghamton, NY 13905  
 Phone: (607) 723-4563

**Four Seasons Club**

Phone: (607) 773-1184

**Health Home**

290 Front St.  
 Binghamton, NY 13905  
 Phone: (607) 723-9991

**Century Sunrise Apartments**

135-139 Baldwin St  
 Johnson City, NY 13790  
 Phone: (607) 296-4049

**Chenango Bridge Senior Center**

740 River Road  
 Binghamton, NY 13901  
 Phone: (607) 663-0406  
[www.gobroomecounty.com/senior/scc](http://www.gobroomecounty.com/senior/scc)

**City of Binghamton Housing & Urban Development (HUD)**

City Hall, 4<sup>th</sup> fl.  
 38 Hawley St.  
 Binghamton, NY 13901  
 Phone: (607) 772-7028  
 Fax: (607) 772-7063  
[www.cityofbinghamton.com](http://www.cityofbinghamton.com)

**Clear Path For Veterans**

60 Hawley Street  
 Binghamton, NY 13901  
 Phone: (315) 687-3300  
<https://clearpath4vets.com>

**Community Cares Health Solutions**  
200 South Main Street  
Elmira, NY  
Phone: (607) 733-7051

**Respiratory Disease Education**  
Phone:(607) 734-7220 ext 4105

**Compassionate Care**  
305 E. Main St.  
Endicott, NY 13760  
Phone: (607) 757-2550  
[www.tbicare.com](http://www.tbicare.com)

**Conklin Senior Housing**  
PO Box 426  
1095 Conklin Rd.  
Conklin, NY 13748  
Phone: (607) 775-1490  
Fax: (607) 775-2083

**Cornell Cooperative Extension  
of Broome County**  
840 Upper Front Street  
Binghamton, NY 13905  
Phone: (607) 772-8953  
[broome@cornell.edu](mailto:broome@cornell.edu)

**Crandall Hall Apartments**  
2 Crandall St.  
Binghamton, NY 13905  
Phone: (347) 658-4489  
Fax: (607) 336-5292

**Crandall Street Housing**  
Crandall St.  
Binghamton, NY 13905  
Phone: (607) 772-2850

**Crime Victims Assistance Center**  
377 Robinson St.  
Binghamton, NY 13904  
Phone: (607) 723-3200  
24-hour Crisis Hotline: (607) 722-4256  
Fax: (607) 773-8370  
[www.cvac.us](http://www.cvac.us)

## D

**Department of Veterans Affairs,  
Veterans Crisis Line**  
Phone: (800) 273-8255, x1  
Text messaging: Send a text  
message to 838255  
[www.veteranscrisisline.net](http://www.veteranscrisisline.net)

**Deposit Foundation, Inc.**  
PO Box 41  
119 Front St.  
Deposit, NY 13754  
Phone: (607) 467-4000  
Fax: (607) 467-4399  
[www.depositfoundation.com](http://www.depositfoundation.com)

**Deposit Free Library**  
159 Front Street  
Deposit, NY 13754  
Phone: (607) 467-2577

**Deposit Senior Center**  
14 Monument St.  
Deposit, NY 13754  
Phone: (607) 467-3953  
Fax: (607) 467-2081  
[www.gobroomecounty.com/senior/scc](http://www.gobroomecounty.com/senior/scc)

**Discovery Center of the Southern Tier**  
60 Morgan Road  
Binghamton, NY 13903  
Phone: (607) 773-8661  
[thediscoverycenter.org](http://thediscoverycenter.org)

## E

**Eastern Broome Senior Center**  
27 Golden Ln.  
Harpursville, NY 13787  
Phone: (607) 693-2069  
Fax: (607) 693-2143  
[www.gobroomecounty.com/senior/scc](http://www.gobroomecounty.com/senior/scc)

**East Hills Senior Housing**  
50 E. Clapham St.  
Binghamton, NY 13904  
Phone: (607)723-1863

**E.J. Apartments**  
305 Clinton Street  
Binghamton, NY 13905  
Phone: (607) 772-2850

**Elderwood Village at Vestal**  
505 Clubhouse Rd  
Vestal, NY 13850  
Phone: (607) 722-3422

**Endicott Performing Arts Center  
(EPAC)**  
102 Washington Ave  
Endicott, NY 13760  
Phone: (607) 785-8903  
[www.endicottarts.com](http://www.endicottarts.com)

**Endicott Square**  
23 Jackson Ave  
Endicott, NY 13760  
Phone: (607) 757-2549

**Epilepsy Foundation of Rochester,  
Syracuse & Binghamton**  
1650 South Ave., #300  
Rochester, NY 14620  
Phone: (585) 442-4430  
Fax: (585) 442-6305  
[www.epiny.org](http://www.epiny.org)

**EyeCare America**  
Phone: (877) 887-6327  
Fax: (415) 561-8567  
[aao.org/eyecareamerica](http://aao.org/eyecareamerica)

**F****Fairmont Park Apartments**

12a Oak St.  
Johnson City, NY 13790  
Phone: (607) 239-4308,  
(607) 785-0744

**Fairview Recovery Services Addictions Crisis Center**

5 Merrick St.  
Binghamton, NY 13901  
Phone: (607) 722-8987  
(607) 352-4777  
[www.frsinc.org](http://www.frsinc.org)

**Family & Children's Society**

257 Main St.  
Binghamton, NY 13905  
Phone: (607) 729-6206  
Fax: (607) 729-1858  
[www.familycs.org](http://www.familycs.org)

**Family-Type Homes for the Elderly**

Phone: (607) 296-7108

**Family Enrichment Network**

24 Cherry St.  
Johnson City, NY 13790  
Phone: (607) 723-8313  
Fax: (607) 723-6173  
[www.familyenrichment.org](http://www.familyenrichment.org)

**Family Violence Prevention Council of Broome County**

36-42 Main St.  
Binghamton, NY 13905  
Phone: (607) 778-2153  
[www.gobroomecounty.com/fvpc](http://www.gobroomecounty.com/fvpc)

**Fenton Free Library**

1062 Chenango Street  
Binghamton, NY  
Phone: (607) 724-8649

**First Call for Help/2-1-1**

Phone: Dial 2-1-1 or  
(800) 901-2180  
[www.helpme211.org](http://www.helpme211.org)

**First Ward Action Council Housing Program**

167 Clinton St.  
Binghamton, NY 13905  
Phone: (607) 772-2850  
Fax: (607) 231-2819  
[www.firstwardaction.org](http://www.firstwardaction.org)

**First Ward Senior Center**

226 Clinton St.  
Binghamton, NY 13905  
Phone: (607) 797-2307  
Meal Reservations: (607) 729-6214  
Fax: (607) 797-2308  
[www.gobroomecounty.com/senior/scc](http://www.gobroomecounty.com/senior/scc)

**Freedom Alert by LogicMark**

Emory Day, LLC  
PO Box 176  
Glenelg, MD 21737  
Phone: (800) 953-5211 ext 2

**G****Garden House**

91 Walnut St.  
Binghamton, NY 13905  
Phone: (607) 724-5763

**George F. Johnson Memorial Library**

1001 Park Street  
Endicott, NY 13760  
Phone: (607) 757-5350  
Fax: (607) 757-2491  
Email: [en.web@4cls.org](mailto:en.web@4cls.org)  
[www.gfjlibrary.org/](http://www.gfjlibrary.org/)

**Getthere Mobility Management Program of Rural Health Network of SCNY**

455 Court Street  
Binghamton, NY 13904  
Phone: (607) 692-7669 or  
(855) 373-4040  
[www.gettherescny.org](http://www.gettherescny.org)

**Good Shepherd Fairview Home and Apartments**

80 Fairview Ave.  
Binghamton, NY 13904  
Phone: (607) 724-2477  
[www.goodshepherdcommunities.org](http://www.goodshepherdcommunities.org)

**Good Shepherd Village**

32 Village Dr.  
Endwell, NY 13760  
Phone: (607) 757-3102 or  
(607) 484-6104  
[www.goodshepherdcommunities.org](http://www.goodshepherdcommunities.org)

**Graydon Apartments**

307 East Main St.  
Endicott, NY 13760  
Phone: (607) 821-4267

**Great Call "Lively Mobile"**

2200 Fairaday Ave Ste. 100  
Carlsbad, CA 92008  
Phone: (800) 650-5921

**Greater Binghamton Health Center**

425 Robinson St.  
Binghamton, NY 13904  
Phone: (607) 724-1391  
Fax: (607) 773-4387  
<https://omh.ny.gov/omhweb/facilities/bipc/>

**Community Treatment & Recovery Center**

114 Clinton St.  
Binghamton, NY 13905  
Phone: (607) 797-0680



## H

### **Hamilton House Apartments**

16 St. John Ave.  
Binghamton, NY 13905  
Phone: (607) 724-6102  
Fax: (607) 724-6201

### **Hanger Prosthetics & Orthotics**

635 Main St.  
Johnson City, NY 13790  
Phone: (607) 797-1246

### **Harry L. Apartments**

235 Harry L. Dr. Johnson City, NY  
13790 Phone: (607) 217-7332

### **The Hearth at Castle Gardens**

1715 Castle Gardens Rd. Vestal, NY  
13850  
Phone: (607) 748-5700,  
(607) 341-7017  
[www.castlegardens.thehearth.net](http://www.castlegardens.thehearth.net)

### **Helio Health**

249 Glenwood Road  
Binghamton, NY 13905  
Phone: (607) 296-3072  
[www.helio.health/about/locations/  
Binghamton](http://www.helio.health/about/locations/Binghamton)

### **Help America Hear, Inc.**

PO Box 1245  
Smithtown, NY 11787  
Phone: (888) 580-8886  
[www.helpamericahear.org](http://www.helpamericahear.org)

### **Henry Apartments**

94 Henry St.  
Binghamton, NY 13905  
Phone: (607) 772-6766

### **Historic Dwightville Gateway Apartments**

235, 236, 244, 256 Front St.  
81 Clinton St.  
Binghamton, NY 13905  
Phone: (607) 772-2850

### **Home Instead Senior Care**

81 State St., Suite 201  
Binghamton, NY 13901  
Phone: (607) 723-3600  
[www.homeinstead.com](http://www.homeinstead.com)

### **Hope Dispensary of the Southern Tier**

477 State St.  
Binghamton, NY 13901  
Phone: (607) 584-9376

## I

### **Ideal Senior Living Center**

508 High Ave.  
Endicott, NY 13760  
Phone: (607) 786-7440

### **Ideal Home Care**

Phone: (607) 786-7406

### **Interim HealthCare**

38 Front St., Suite D Binghamton,  
NY 13905  
Phone: (607) 722-6461  
[www.interimhealthcare.com](http://www.interimhealthcare.com)

## J

### **Johnson City Senior Center**

30 Brocton St.  
Johnson City, NY 13790  
Phone: (607) 797-3145  
Meal Reservations: (607) 797-1149  
Fax: (607) 729-8437  
[www.johnsoncityseniorcenter.org](http://www.johnsoncityseniorcenter.org)

## K

### **Kopernik Observatory & Science Center**

698 Underwood Rd.  
Vestal, NY 13850  
Phone: (607) 748-3685  
Fax: (607) 748-3222  
[www.kopernik.org](http://www.kopernik.org)

## L

### **Legal Aid Society of Mid-New York**

168 Water St., 2nd Fl.  
Binghamton, NY 13901  
Phone: (607) 231-5900  
Fax: (607) 724-7211  
[www.lasmny.org](http://www.lasmny.org)

### **Leukemia & Lymphoma Society,**

Western & Central NY Chapter  
4043 Maple Rd., Suite 105  
Amherst, NY 14226  
Phone: (716) 834-2578  
Fax: (716) 837-0335  
[www.lls.org](http://www.lls.org)

### **Library of Congress**

101 Independence Ave. SE  
Washington, DC 20542  
Phone: (202) 707-5000  
[www.loc.gov](http://www.loc.gov)

### **National Library Service for the Blind and Physically Handicapped**

### **Library of Congress**

1291 Taylor St., NW  
Washington, DC 20542-4962  
Phone: (202) 707-5100  
(888) 657-7323  
TDD: (202) 707-0744  
Fax: (202) 707-0712  
[www.loc.gov/nls](http://www.loc.gov/nls)

**LifeFone**

16 Yellowstone Ave.  
White Plains, NY 10607  
Phone: (800) 331-9198

**Lincare**

408 Commerce Rd.  
Vestal, NY 13850  
Phone: (607) 239-6374  
[www.lincare.com](http://www.lincare.com)

**Caring Responders**

Phone: (866) 993-0661

**Lincoln Court Apartments**

21 New St.  
Binghamton, NY 13903  
Phone: (607) 772-6766  
Fax: (607) 722-8912

**Lions Club International, NY**

District 20-Y1  
300 W. 22nd St.  
Oak Brook, IL 60523  
Phone: (630) 571-5466  
Fax: (630) 571-7694  
[www.lionsclubs.org](http://www.lionsclubs.org)

**Lisle Free Library**

8998 Main Street  
Lisle, NY 13797  
Phone: (607) 692-3115

**Lourdes Hospital**

169 Riverside Dr.  
Binghamton, NY 13905  
Phone: (607) 798-5111  
<https://healthcare.ascension.org/>

**Lourdes at Home**

4102 Old Vestal Rd.  
Vestal, NY 13850  
Phone: (607) 772-1598

**Lourdes Center for Mental Health**

184 Court St.  
Binghamton, NY 13901  
Phone: (607) 584-4465

**Lourdes Dental Care**

219 Front St.  
Binghamton, NY 13905  
Phone: (607) 584-4545  
Fax: (607) 584-4530

**Lourdes Hospice**

4102 Old Vestal Rd.  
Vestal, NY 13850  
Phone: (607) 798-5692  
(800) 659-2416  
Fax: (607) 798-5345

**Lourdes Hospital Financial**

Assistance Office Phone:  
(607) 584-5522

**Lourdes Physician Referral**

Phone: (607) 798-5831  
(877) 956-8733

**Lupus Alliance NY, Southern Tier**

Affiliate 1115 Front St.  
Binghamton, NY 13905  
Phone: (607) 772-6522  
Fax: (607) 772-6567

**Lyceum at Binghamton University**

Academic Building B Room 133  
4400 Vestal Parkway  
Vestal, NY 13850  
Phone: (607) 777-2587

**M****Marian Apartments**

701 Hooper Rd.  
Endwell, NY 13760  
Phone: (607) 785-5223  
Fax: (607) 785-5630

**Mary Wilcox Memorial Library**

2630 Main Street  
Whitney Point, NY 13862  
Phone: (607) 692-3159

**Meadow Park Apartments**

85 Fair St.  
Deposit, NY 13754  
Phone: (607) 235-0722

**Meals on Wheels of Western Broome**

705 W. Main St.  
Endicott, NY 13760  
Phone: (607) 754-7856  
[www.mealsonwheelsofwesternbroome.com](http://www.mealsonwheelsofwesternbroome.com)

**Medical Guardian**

118 Market Street Ste. 1200  
Philadelphia, PA 19103  
Phone: (800) 668-9200

**Mental Health Association of the Southern Tier (MHA ST)**

47 Broad Ave  
Binghamton, NY 13904  
Phone: (607) 771-8888  
Fax: (607) 771-8892  
[www.yourmha.com](http://www.yourmha.com)

**Sunrise Wellness Center Peer Support Line: (607) 240-7291****Mercy House of the Southern Tier**

212 N. McKinley Ave.  
Endicott, NY 13760  
Phone: (607) 321-1857  
[www.mercyhousesoutherntier.com](http://www.mercyhousesoutherntier.com)

**Metro Interfaith Housing Management Corporation**

21 New St.  
Binghamton, NY 13903  
Phone: (607) 772-6766  
Fax: (607) 722-8912  
[www.metrointerfaith.org](http://www.metrointerfaith.org)

**Metro Interfaith Housing  
Counseling Program**

Phone: (607) 723-0582

**Metro Plaza Apartments**

110 Chenango Pl.  
Binghamton, NY 13901  
Phone: (607) 772-6368  
Fax: (607) 723-9602

**Mothers & Babies Perinatal Network**

457 State St.  
Binghamton, NY 13901  
Phone: (607) 772-0517  
Fax: (607) 772-0468  
[www.mothersandbabies.org](http://www.mothersandbabies.org)

**Muscular Dystrophy Association**

6315 Fly Rd., Suite 102 E Syracuse,  
NY 13057  
Phone: (315) 451-8269  
[www.mda.org](http://www.mda.org)

**N**

**National Kidney Foundation of  
Central NY**

731 James St., Suite 408  
Syracuse, NY 13203  
Phone: (315) 467-0311  
(877) 854-3639  
Fax: (315) 476-3707  
[www.kidney.org](http://www.kidney.org)

**National Multiple Sclerosis  
Society, Upstate NY Chapter 1000**

Elmwood Ave., Suite 900  
Rochester, NY 14620  
Phone: (585) 271-0801  
(800) 344-4867  
Fax: (607) 722-1485  
[www.nationalmssociety.org](http://www.nationalmssociety.org)

**National Seating & Mobility**

117 N. Keystone Ave  
Sayre, PA 18840  
Phone: (570) 882-7436

**New York State Attorney  
General's Office**

**State Office Building, 17th Floor**  
44 Hawley St.  
Binghamton, NY 13901  
Phone: (607) 251-2770  
Fax: (607) 338-1021  
[www.ag.ny.gov](http://www.ag.ny.gov)

**New York State Commission on  
Quality of Care and Advocacy for  
Persons with Disabilities**

401 State St.  
Schenectady, NY 12305  
Phone: (518) 388-1281  
(800) 624-4143  
Fax: (518) 388-1276

**New York State**

**Division of Human Rights**

State Office Building, Room 603 44  
Hawley St.  
Binghamton, NY 13901  
Phone: (607) 721-8467  
(888) 392-3644  
Fax: (607) 721-8470  
[www.dhr.ny.gov](http://www.dhr.ny.gov)

**New York State**

**Division of Veterans' Affairs**

PO Box 1766  
44 Hawley St.  
Binghamton, NY 13902  
Phone: (607) 724-1299  
[www.veterans.ny.gov](http://www.veterans.ny.gov)

**New York State Electric & Gas  
(NYSEG)**

PO Box 5240  
Binghamton, NY 13902  
Phone: (800) 572-1111  
Fax: (800) 827-5974  
[www.nyseg.com](http://www.nyseg.com)

**New York State**

**Funeral Directors Association, Inc.**

1 S. Family Dr. Albany, NY 12205  
Phone: (518) 452-8230  
(800) 291-2629  
Fax: (518) 452-8667  
[www.nysfda.org/index](http://www.nysfda.org/index)

**New York State**

**Veterans Home at Oxford**

4207 NY-220  
Oxford, NY 13830  
Phone: (607) 843-3100  
[www.nysvets.org](http://www.nysvets.org)

**Nichols Notch Apartments**

**301-401 Hayes Ave.**  
Endicott, NY 13760  
Phone: (607) 754-0579  
Fax: (607) 754-5859

**Nineveh Public Library**

3029 NY-7  
Nineveh, NY 13813  
Phone: (607) 693-1858

**Norma Gardens**

33 Golden Ln.  
Harpursville, NY 13787  
Phone: (607) 334-3867

**Northern Broome Senior Center**

12 Strongs Pl.  
Whitney Point, NY 13862  
Phone: (607) 692-3405  
Fax: (607) 692-7610  
[www.northernbroomeseniors.org](http://www.northernbroomeseniors.org)

**North Shore Towers & Village**

14 Isbell St. & 24 Isbell St. 45  
Exchange St.  
Binghamton, NY 13901  
Phone: (607) 723-9491

**North Shore Towers Senior Center**

24 Isbell St.  
Binghamton, NY 13901  
Phone: (607) 772-6214  
Fax: (607) 772-6214  
[www.gobroomecounty.com/senior/scc](http://www.gobroomecounty.com/senior/scc)

**O****NYS Office for People With Developmental Disabilities (OPWDD)**

249 Glenwood Road (4E)  
 Binghamton, NY 13905  
 Region 2 DDRO Regional Front  
 Door Phone Line: (607) 240-4900

**P****Parkinson's Disease Foundation**

1359 Broadway, Suite 1509 New  
 York, NY 10018  
 Phone: (212) 923-4700  
 (800) 457-6766  
 Fax: (212) 923-4778  
[www.pdf.org](http://www.pdf.org)

**Penn-York Medical Supplies**

69 Main St.  
 Binghamton, NY 13905  
 Phone: (607) 773-3622  
[www.penn-yorkmedical.com](http://www.penn-yorkmedical.com)

**Phelps Mansion Museum**

191 Court St.  
 Binghamton, NY 13901  
 Phone: (607) 722-4873  
[www.phelpsmansion.org](http://www.phelpsmansion.org)

**Philips Lifeline**

111 Lawrence St.  
 Framingham, MA 01702  
 Phone: (800) 242-1306 x 4575  
[www.lifeline.philips.com](http://www.lifeline.philips.com)

**R****Rehab Supply**

17 Charles St., Suite 1  
 Binghamton, NY 13905  
 Phone: (607) 584-5560  
 (800) 485-9717  
[www.rehabsupply.org](http://www.rehabsupply.org)

**Retired & Senior Volunteer Program (RSVP) of Broome County**

232 Main St.  
 Binghamton, NY 13905  
 Phone: (607) 729-9166  
 Fax: (607) 584-4667

**Reynolds Pointe Senior Apartments**

1035 Anna Maria Dr. Johnson City,  
 NY 13790 Phone:  
 (607) 237-0460

**RISE Domestic Violence Services (formerly SOS Shelter)**

PO Box 393  
 1201 E. Main St.  
 Endicott, NY 13760  
 Phone: (607) 748-5174  
 24-Hour Crisis Hotline:  
 (607) 754-4340  
[www.rise-ny.org](http://www.rise-ny.org)

**Roberson Museum & Science Center**

30 Front Street  
 Binghamton, NY 13905  
 Phone: (607) 772-0660  
 ext 225 for volunteering  
[www.roberson.org](http://www.roberson.org)

**Ross Park Zoo**

60 Morgan Rd.  
 Binghamton, NY 13903  
 Phone: (607) 724-5461  
[www.rossparkzoo.org](http://www.rossparkzoo.org)

**Rural Health Network of South Central New York**

PO Box 416  
 2663 Main St.  
 Whitney Point, NY 13862  
 Phone: (607) 692-7669  
 (888) 603-5973  
<http://www.rhnseny.org>

**S****Salvation Army Adult Rehabilitation Center**

3-5 Griswold St.  
 Binghamton, NY 13904  
 Phone: (607) 723-5381  
 Fax: (607) 724-6083  
<http://www.salvationarmyusa.org/usn/adult-rehabilitation>

**Samaritan Counseling Center of the Southern Tier**

3001 E. Main St.  
 Endwell, NY 13760  
 Phone: (607) 754-2660  
 (877) 825-0678  
 Fax: (607) 754-0769  
[www.samaritancounseling.org](http://www.samaritancounseling.org)

**Samaritan House**

11 Fayette St.  
 Binghamton, NY 13901  
 Phone: (607) 724-3969  
 Fax: (607) 771-0356  
[www.samaritanhousebinghamton.org](http://www.samaritanhousebinghamton.org)

**Saratoga Apartments**

35 Felters Rd.  
 Binghamton, NY 13903  
 Phone: (607) 723-9491

**Schoolhouse Apartments**

144-146 Clinton St.  
 Binghamton, NY 13905  
 Phone: (607) 772-2850

**Seniors Helping Seniors**

PO Box 374  
 Corning, NY 14830  
 Phone: (607) 398-0188  
[www.seniorcaresoutherntieryn.com](http://www.seniorcaresoutherntieryn.com)

**Skye View Apartments**  
505 E. Franklin St.  
Endicott, NY 13760  
Phone: (607) 238-4844

**The SEPP Group**  
53 Front St.  
Binghamton, NY 13905  
Phone: (607) 723-8989  
Fax: (607) 723-8980  
[www.seppinc.com](http://www.seppinc.com)

**Social Security Administration**  
2 Court St., Suite 300  
Binghamton, NY 13901  
Phone: (866) 964-3971  
[www.ssa.gov](http://www.ssa.gov)

**Southern Tier Aids Program (STAP)**  
22 Riverside Drive  
Binghamton, NY 13905  
Phone: (607) 798-1706  
Hotline: (800) 333-0892  
Fax: (607) 798-1977  
[www.stapinc.org](http://www.stapinc.org)

**Southern Tier Home Builders and Remodelers Association**  
31 Lewis St.  
Binghamton, NY 13901  
Phone: (607) 785-9285  
Fax: (607) 237-0940  
[www.sthbra.com](http://www.sthbra.com)

**Southern Tier Independence Center (STIC)**  
135 East Frederick St.  
Binghamton, NY 13904  
Phone: (607) 724-2111  
Fax: (607) 722-3600  
[www.stic-cil.org](http://www.stic-cil.org)

**Staffkings Healthcare Systems**  
66 Hawley St.  
Binghamton, NY 13901  
Phone: (607) 772-8080  
[www.staffkings.com](http://www.staffkings.com)

**Starkey Hearing Foundation**  
6700 Washington Ave. S. Eden  
Prairie, MN 55344  
Phone: (800) 328-8602  
Fax: (952) 828-6900  
[www.starkeyhearingfoundation.org/hear-now](http://www.starkeyhearingfoundation.org/hear-now)

**Stratmill Brook Apartments**  
104 Victoria Dr.  
Binghamton, NY 13904  
Phone: (607) 775-3421  
Fax: (607) 775-3451

**SUNY Broome**  
PO Box 1017  
901 Upper Front St.  
Binghamton, NY 13902-1017  
Phone: (607) 778-5000  
Fax: (607) 778-5467  
[www.sunybroome.edu](http://www.sunybroome.edu)

**SUNY Broome Continuing Education Department**  
Phone: (607) 778-5012

**SUNY Broome Dental Hygiene Clinic**  
Phone: (607) 778-5015

**SUNY Upstate Medical University Dept. of Cell & Developmental Biology**  
1133 Weiskotten Hall  
750 East Ave.  
Syracuse, NY 13210  
Phone: (315) 464-4348  
Fax: (315) 464-4350  
[www.upstate.edu/cdb/donor](http://www.upstate.edu/cdb/donor)

**University Geriatricians Upstate Specialty Services at Harrison Center**  
Suite A, 550 Harrison St.  
Syracuse, NY 13202  
Phone: (315) 464-6100  
Fax: (315) 464-9246  
[www.upstate.edu/geriatrics/healthcare/ug.php](http://www.upstate.edu/geriatrics/healthcare/ug.php)

**Susquehanna Nursing & Rehabilitation Center**  
282 Riverside Drive Johnson City, NY 13790  
Phone: (607) 729-9206  
Fax: (607) 797-3229  
[www.susnursing.com](http://www.susnursing.com)

**Susquehanna Home Care**  
Phone: (607) 729-9206

## T

**Tioga Opportunities, Inc.**  
9 Sheldon Guile Blvd.  
Owego, NY 13827  
Phone: (607) 687-4222  
(866) 352-3680  
[www.tiogaopp.org](http://www.tiogaopp.org)

**Town of Union Housing & Urban Development (HUD)**  
3111 E. Main St.  
Endwell, NY 13760  
Phone: (607) 786-2985  
Fax: (607) 748-0041  
[www.townofunion.com](http://www.townofunion.com)

## U

### **UHS Binghamton General Hospital**

10-42 Mitchell Ave  
Binghamton, NY 13903  
Phone: (607) 762-2200

[www.nyuhs.org/location-search/  
uhs-binghamton-general-hospital](http://www.nyuhs.org/location-search/uhs-binghamton-general-hospital)

### **UHS Addiction Medicine at Binghamton General**

Phone: (607) 762-3288

### **UHS Comprehensive Psychiatric Emergency Program (CPEP)**

Emergency Hotline: (607) 762-2302  
[www.nyuhs.org/location-search/  
uhs-comprehensive-psychiatric-  
emergency-program-cpep](http://www.nyuhs.org/location-search/uhs-comprehensive-psychiatric-emergency-program-cpep)

### **UHS Dental Services**

Phone: (607) 762-2005  
[www.nyuhs.org/location-search/  
uhs-dental-center-binghamton](http://www.nyuhs.org/location-search/uhs-dental-center-binghamton)

### **UHS Family Ties Program**

Phone: (607) 762-2887

### **UHS Financial Assistance**

33 Lewis Road  
Binghamton, NY 13905  
Phone: (607) 763-6127  
[https://www.nyuhs.org/patients-  
visitors/patients/financial-assistance](https://www.nyuhs.org/patients-visitors/patients/financial-assistance)

### **UHS New Horizons Alcohol & Chemical Dependency Treatment Center**

Phone: (607) 762-2901  
Crisis Intervention Hotline:  
(607) 762-2257  
[www.nyuhs.org/location-search/  
uhs-new-horizons-alcohol-chemical-  
dependency-treatment-center](http://www.nyuhs.org/location-search/uhs-new-horizons-alcohol-chemical-dependency-treatment-center)

### **UHS Home Care/Twin Tier Home Health**

4401 Old Vestal Rd, #1  
Vestal, NY 13850  
Phone: (607) 763-8946

### **UHS Professional Home Care**

601 Riverside Dr.  
Johnson City, NY 13790  
Phone: (607) 763-5600  
[www.nyuhs.org/care-treatment/  
home-care](http://www.nyuhs.org/care-treatment/home-care)

### **UHS Senior Living/Home Care at Ideal**

600 High Avenue  
Endicott, NY 13760  
Phone: (607) 786-7300

### **UHS Southern Tier Drug Abuse Treatment Center**

Phone: (607) 762-2800  
Fax: (607) 762-2028

### **UHS Twin Tier Home Emergency Alarm Response**

Phone: (607) 763-8952

### **United Methodist Homes (UMH) Elizabeth Church Campus**

863 Front St.  
Binghamton, NY 13905  
Phone: (607) 722-3463

### **Hilltop Campus**

286 Deyo Hill Rd.  
Johnson City, NY 13790  
Phone: (607) 798-7818

### **Manor House**

3 Manor Dr.  
Binghamton, NY 13905  
Phone: (607) 729-2305

### **St. Louise Manor**

861 Front St.  
Binghamton, NY 13905  
Phone: (607) 729-2305

### **United Methodist at Home**

Phone: (607) 775-6410

### **United Way of Broome County**

PO Box 550  
Binghamton, NY 13902  
101 S. Jensen Rd. Vestal, NY 13850  
Phone: (607) 240-2000  
Fax: (607) 240-2002  
[www.uwbroome.org](http://www.uwbroome.org)

### **USDA Rural Development**

1 N. Main St. Cortland, NY 13045  
Phone: (607) 753-0851  
Fax: (607) 753-3190

### **US Internal Revenue Service (IRS)**

290 Broadway, 14th fl. New York,  
NY 10007 Phone: (877) 777-4778  
(800) 829-4059  
Fax: (212) 298-2016  
[www.irs.gov/advocate](http://www.irs.gov/advocate)

## V

### **VA Medical Center**

620 Erie Blvd.  
West Syracuse, NY 13210  
Phone: (800) 792-4334  
[www.syracuse.va.gov](http://www.syracuse.va.gov)

### **Valley View Apartments at Kirkwood**

26 S. Woodhill Ave. Binghamton,  
NY 13904  
Phone: (607) 775-1656  
Fax: (607) 775-1659

**Vestal Park Rehabilitation & Nursing Center**

105 W. Sheedy Rd. Vestal, NY 13850  
Phone: (607) 754-4105  
[www.vestalparkrehab.com](http://www.vestalparkrehab.com)

**Vestal Pines Apartments**

2030 NYS Route 26  
Vestal, NY 13850  
Phone: (607) 772-2850

**Vestal Public Library**

320 Vestal Parkway E.  
Vestal, NY 13850  
Phone: (607) 754-4243

**Vestal Senior Center**

Old Vestal Junior High  
201 Main St., Box 4  
Vestal, NY 13850  
Phone: (607) 754-9596  
Fax: (607) 754-9596  
[www.tier.net/vsc](http://www.tier.net/vsc)

**Volunteers of America**

[www.voawny.org](http://www.voawny.org)

**Family Emergency Housing**

240 Chenango St.  
Binghamton, NY 13905  
Phone: (607) 771-6795

**Men's Transitional Housing**

57 Eldredge St.  
Binghamton, NY 13901  
Phone: (607) 771-6795

**Men's, Women's & Children's Shelter**

320 Chenango St.  
Binghamton, NY 13901  
Phone: (607) 772-1156  
Fax: (607) 772-1185

**W**

**Wells Apartments**

299 Floral Ave.  
Johnson City, NY 13790  
Phone: (607) 797-8862

**Whitney Point Apartments**

10 Strongs Pl.  
Whitney Point, NY 13862  
Phone: (607) 692-2609  
Fax: (607) 692-7573

**Willow Point Nursing Home**

3700 Old Vestal Rd.  
Vestal, NY 13850  
Phone: (607) 763-4400  
Fax: (607) 763-4442  
[www.gobroomecounty.com/wpnf](http://www.gobroomecounty.com/wpnf)

**Windsor Human Development**

PO Box 373  
594 Kent St.  
Windsor, NY 13865  
Phone: (607) 217-8839

**Windsor Woods**

49 Grove St.  
Windsor, NY 13865  
Phone: (607) 655-4191  
Fax: (607) 655-5752

**Wood Private Home Care**

99 Park Settlement Rd.  
Owego, NY 13827  
Phone: (607) 725-6625  
[www.woodhomecare.com](http://www.woodhomecare.com)

**Woodburn Court I**

21-23 Exchange St.  
Binghamton, NY 13901  
Phone: (607) 723-7875  
Fax: (607) 723-6672  
[www.woodburncourt1.com](http://www.woodburncourt1.com)

**Y**

**Your Home Public Library**

107 Main Street  
Johnson City, NY 13790  
Phone: (607) 797 4816

**YMCA Emergency Housing Program**

61 Susquehanna St  
Binghamton, NY 13901  
Phone: (607) 607-772-0560  
<https://ymcabroome.org/main>

**YMCA, West Family Branch**

740 Main St.  
Johnson City, NY 13790  
Phone: (607) 770-9622  
Fax: (607) 729-4977  
[www.ymcabroome.org/west-family-y](http://www.ymcabroome.org/west-family-y)

**YWCA Binghamton and Broome County**

80 Hawley St.  
Binghamton, NY 13901  
Phone: (607) 772-0340  
Fax: (607) 723-9610  
[www.ywcabinghamton.org](http://www.ywcabinghamton.org)

